

Review Article

Review on a potential herb *Calotropis gigantea* (L.) R. Br.

P. Suresh Kumar¹, Suresh. E² and S.Kalavathy³

¹Assistant Professor in Environmental Sciences, Faculty of Marine Sciences, CAS in Marine Biology, Annamalai University, Parangipettai – 608502

²Research Scholar, Faculty of Marine Sciences, CAS in Marine Biology, Annamalai University, Parangipettai – 608502

³Associate Professor of Botany, Bishop Heber College, Tiruchirappalli – 620017

*Corresponding author

P. Suresh Kumar

Email: savegreenenvironment@gmail.com

Abstract: The beginning of civilization, human beings have worshiped plants and such plants are conserved as a genetic resource and used as food, fodder, fibre, fertilizer, fuel, febrifuge and in every other way. *Calotropis gigantea* is one such plant. In this review the systematic position, vernacular names, vegetative characters, Ecology and distribution, phytochemistry and the economical values of the *Calotropis gigantea* are discussed.

Keywords: *Calotropis gigantea*, sweta Arka, milk weed, crown flower, economic values.

INTRODUCTION

From pre-historic times to the modern era in many parts of the world and India, plants, animals and other natural objects have profound influence on culture and civilization of man. Since the beginning of civilization, human beings have worshiped plants and such plants are conserved as a genetic resource and used as food, fodder, fibre, fertilizer, fuel, febrifuge and in every other way [1], *Calotropis gigantea* is one such plant [2].



Plate 1: *Calotropis gigantea* (L.) R.Br.

In ancient ayurvedic medicine the plant *Calotropis gigantea* is known as “Sweta Arka” and *Caotropis procera* as “Raktha Arka”. Both of them are often similar in their botanical aspects and also have similar pharmacological effects [3]. The systematic position, vernacular names, vegetative characters of the plant are given in the following Tables (1-3).

Table 1: Systematic position of the selected plant [3]

Kingdom	Plantae
Order	Gentianales
Family	<i>Asclepiadaceae</i>
Subfamily	<i>Asclepiadoideae</i>
Genus	<i>Calotropis</i>
Species	<i>gigantea</i>

Table 2: Vernacular Names[3-5]

India	(Sanskrit) Arka, Ganarupa, Mandara, Vasuka, Svetapushpa, Sadapushpa, Alarka, Pratapass, (Hindi) Aak, Madar, (Kannada) Ekka, (Tamil and Malayalam) Erukku, (Telugu) Jilledi Puvvu
Malaysia	Remiga, rembega, kemengu.
English	Crown flower, giant Indian milkweed.
Indonesia	Bidhuri (Sundanese, Madurese), sidaguri (Javanese), rubik (Aceh)
Philippines	Kapal-kapal (Tagalog).
Laos	Kok may, dok kap, dok hak.
Thailand	Po thuean, paan thuean (northern), rak (central).
Vietnam	B[oot]ng b[oot]ng, l[as] hen, nam t[it] b[at].
French	Faux arbre de soie, mercure vegetal.

Table 3: Vegetative characters

Habit	Shrub or a small tree up to 2.5 m (max.6m) height.
Root	Simple, branched, woody at base and covered with a fissured; corky bark; branches somewhat succulent and densely white tomentose; early glabrescent. All parts of the plant exude white latex when cut or broken.
Leaves	Opposite-decussate, simple, sub sessile, extipulate; blade-oblong obovate to broadly obovate, 5-30X2.5-15.5 cm, apex abruptly and shortly acuminate to apiculate, base cordate, margins entire, succulent, white tomentose when young, later glabrescent and glaucous.
Flowers	Bracteate, complete, bisexual, actinomorphic, pentamerous, hypogynous, pedicellate, pedicel 1-3 cm long.
Floral Characteristics	Inflorescence: A dense, multiflowered, umbellate, peduncled cymes, arising from the nodes and appearing axillary or terminal
Calyx	Sepal 5, Polysepalous, 5 lobed, shortly united at the base, glabrescent, quincuncial aestivation.
Corolla	Petals five, gamopetalous, five lobed, twisted aestivation.
Androecium	Stamens five, gynandrous, anther ditheous, coherent.
Gynoecium	Bicarpellary, apocarpus, styles are united at their apex, peltate stigma with five lateral stigmatic surfaces. Anthers adnate to the stigma forming a gynostegium.
Fruit	A simple, fleshy, inflated, subglobose to obliquely ovoid follicle up to 10 cm or more in diameter.
Seeds:	Many, small, flat, obovate, 6x5 mm, compressed with silky white pappus, 3 cm or more long.

Ecology and Distribution

Natural habitat

Calotropis is drought resistant, salt tolerant to a relatively high degree, grows wild up to 900 meters (msl) throughout the country [6] and prefers disturbed sandy soils with mean annual rainfall: 300-400 mm. Through its wind and animal dispersed seeds, it quickly becomes established as a weed along degraded roadsides, lagoon edges and in overgrazed native pastures. It has a preference for and is often dominant in areas of abandoned cultivation especially disturbed sandy soils and low rainfall. It is assumed to be an indicator of over cultivation [3]

The chief features

- The plant grows very well in a variety of soils and different environmental conditions
- It does not require cultivation practices
- It is one of the few plants not consumed by grazing animals [7].
- It thrives on poor soils particularly where overgrazing has removed competition from native grasses [8].
- Some times this plant is the only survivor in some areas, where nothing else grows [6]
- It is drought tolerant and the pioneer vegetation in desert soil [8].
- Presence of latex, extensively branched root system and thick leaves with waxy coverage are the xerophytic adaptations[3].
- Hence, it is distributed in tropical and subtropical area of the world and throughout India. [6].

Geographic distribution

It is a native of India, China and Malaysia and distributed in the following countries: Afghanistan, Algeria, Burkina Faso, Cameroon, Chad, Cote d'Ivoire, Democratic Republic of Congo, Egypt, Eritrea, Ethiopia, Gambia, Ghana, guinea-Bissau, India, Iran, Iraq, Israel, Kenya, Kuwait, Lebanon, Libyan, Arab Jamahiriyah, Mali, Mauritania, morocco, Mozambique, Myanmar, Nepal, Niger, Nigeria, Oman, Pakistan, Saudi Arabia, Senegal, sierra Leone, Somalia, Sudan, Syrian Arab Republic, Tanzania, Thailand, Uganda, United Arab emirates, Vietnam, Yemen, Republic of Zimbabwe, Exotic: Antigua and Barbuda, Argentina, Australia, Bahmas, Barbados, Bolivia, Brazil, chile, Colombia, Cuba, Dominica, Dominican Republic, Ecuador, French Guina, Grenada, Guadeloupe, Guatemala, Guyana, Haiti, Honduras, Jamaica, Martinique, Mexico, Montserrat, Netherlands Antilles, Nicaragua, Panama, Paraguay, Peru, Puerto Rico, St Kitts and Nevis, St Lucia, St Vincent, and the Grenadines, Surinam, Trinidad and Tobago, Uruguay, Venezuela and Virgin Islands (US) [3].

Propagation and management

The seeds freely float in the air and natural regeneration is very common. Vegetative propagation through stem and root cuttings is very useful in large scale multiplication of the superior genotypes.

Calotropis has been cultivated in South America and on the Caribbean Islands for the production of fibres at a spacing of 1-1.5m. When cultivated annually yields of up to 500kg/ha are expected. A single harvest per season is preferable to a double or triple harvest; a single harvest would result in a net saving of energy input both on the form and in the

processing plant. It is well suited for intensive energy farming in arid or semi-arid regions where frost is not a limiting factor [3].

Phytochemistry of *Calotropis*

The previous workers have reported many phytochemical constituents in the various parts of *Calotropis gigantea* especially in the leaves. Usharin, gigantol, calcium oxalate, alpha and beta-calotropeol, beta-amyrin, fatty acids (both saturated and unsaturated), hydrocarbons, acetates and the benzoates, a mixture of tetracyclic triterpene compounds, terols, gigantol and giganteol are also found to be present [9, 10, 11], Cardenolide calotropin [12], α -amyrin, β -amyrin, taraxasterol, β - sitosterol, α -amyrin methylbutazone, β -amyrin methylbutazone, α -amyrin acetate, β -amyrin acetate, taraxasteryl acetate, lupeol acetate B, gigantursenyl acetate A, gigantursenyl acetate B [13, 14], flavonol glycoside, akundarol, uscharidin, calotropin, frugoside, calotroposides A to G [15] are responsible for many of its activities. The following cardenolides are also described in the literature: calactin, calotoxin, calotropagenin, proceroside, syriogenine, uscharidin, uscharin, uzarigenin and voruscharin [16, 17, 18]. Other

compounds found are benzoylisolineolon and benzoyllineolone [19].

Flavonoids [15], triterpenoids [20], alkaloids, steroids, glycosides, saponins, terpenes, enzymes, alcohol, resin, fatty acids and esters of calotropeols [21], volatile long chain fatty acids, glycosides and proteases [22] have been isolated from the various parts of the plant *Calotropis gigantea*.

The laticifer fluid of *Calotropis* [64], and found to have strong proteolytic activity, having the enzyme cysteine proteinase and aspartic proteinase. Due to the presence of these components, the plants are resistant to phytopathogens and insects mainly in leaves where the latex circulates abundantly. The milky latex of the plant is rich in lupeol, calotropin, calotoxin, and uscharidin, the latex protein. Sharma and Sharma *et al.*, screened the major phytochemicals viz. alkaloids, carbohydrates, glycosides, phenolic compounds/tannins, proteins and amino acids, flavonoids, saponins, sterols, acid compounds, resins in flower, bud, root of *Calotropis* (Table 4).

Table 4: Phytochemical components in *Calotropis* [23]

Sl. No	Class of Compounds	Plant Part			Tests performed
		Flower	Bud	Root	
1.	Alkaloids	+	+	+	Dragendorff's test, Mayers test
2.	Carbohydrates	+	+	+	Molish test, Fehling test
3.	Glycosides	+	+	+	Keller killiani test
4.	Phenolic compounds/tannins	+	+	+	Ferric chloride test
5.	Proteins and amino acids	+	+	+	Xantho protein test
6.	Flavanoids	+	+	+	Ammonia test
7.	Saponins	+	+	+	With water With Na ₂ CO ₃
8.	Sterols	+	+	+	Liebermann-Burchard test, Salkowski reaction, Hesse's reaction
9.	Acid compounds	+	+	+	With Na ₂ CO ₃ , With litmus paper
10.	Resins	+	+	+	With double distilled water, With acetone and conc. HCl
11.	Peroxides	-	-	-	Potassium Iodide test
12.	Polyuronoids	-	-	-	Haemotoxilin test

Economic Values of *Calotropis*

Medicinal properties

Different parts of the plant have immense potential to cure various diseases and disorders (Table 5). It is used in various polyherbal preparations [24, 25]. There are

more than hundred activities described in detail by Duke [26]. *Calotropis* is used alone and sometimes with other plants to cure variety of human and animals ailments.

Table 5: Medicinal properties

Sl.No	Medicinal properties	References
1.	Asthma	[27, 28]
2.	Abortifacient	[29, 30]
3.	Analgesic and Antinociceptive activity	[31]
4.	Antifertility and emmenagogue	[30]
5.	Anti-inflammatory activity	[32, 33]

6.	Anthelmintic activity	[34]
7.	Anti cancer activity	[35, 36]
8.	Anti dote for Scorpion stings and insect bites	[37]
9.	Anti tumor activity	[38]
10.	Anti-diarrheal and anti dyssentery activities	[38]
11.	Antimicrobial activity	[39]
12.	Antiviral activity	[40]
13.	Anxiety and pain	[41]
14.	CNS activity	[42]
15.	Cold	[59]
16.	Expectorant	[83]
17.	Cytostatic activity	[112]
18.	Cytotoxic activity	[12, 40, 50, 94, 112]
19.	Dyspepsia	[56, 72]
20.	Eczema	[59, 66, 83, 61, 62]
21.	Elephantiasis	[59, 66]
22.	Epilepsy	[80, 98]
23.	Elephantiasis of the legs and scrotum	[83]
24.	Expectorant	[82]
25.	Fever	[59]
26.	Fibrinolytic activities	[101]
27.	Free radical Scavenging activity	[89]
28.	Healing the ulcers and blotches	[56, 69, 72]
29.	(Goat) Motility of mature <i>Haemonchus contortus</i> of goat origin	[108]
30.	Indigestion	[83]
31.	kesarayer disease	[85]
32.	Leprosy	[28, 38, 53, 60, 62, 67, 68, 78, 87, 97, 107, 116]
33.	Liver injuries as well as on oxidative stress, Hepatoprotective	[38,67, 68, 87, 97]
34.	Mental disorders	[118]
35.	Migrine	[100]
36.	Nasal ulcer, laxative, rheumatoid arthritis, bronchial asthma, diabetes mellitus, nervous disorders	[92]
37.	Piles	[110]
38.	Pregnancy interceptive activity	[114]
39.	Purgative	[52]
40.	Removing anemia	[56, 69, 72]
41.	Rheumatism	[114]
42.	Ringworm of the scalp	[83]
43.	secondary syphilis, gonorrhea, ascites, helminthiasis, and jaundice	[61]
44.	Skin diseases	[67, 68, 97, 116]
45.	Spleen disorder	[110]
46.	Swelling and inflammation in sprain	[88]
47.	TB and leprosy	[73, 82]
48.	Uterus stimulant	[29, 63]
49.	Vermicidal activity	[71]
50.	(Vertenery) Camel diseases treatment	[46, 108]
51.	Worms	[38, 66, 67, 68, 97, 116]
52.	Wounds and ulcers	[38, 59, 67, 68, 97, 116]
53.	Wound healing activity	[27, 55, 61, 75, 90, 101]

Various other uses

Calotropis is a highly potential plant resource. The various uses of this plant are given in the Table (6).

Table 6: Other uses of *Calotropis gigantea*

S.No.	Activities	Parts Used	References
1.	Arrow poison	Latex	[48, 109]
2.	Biocidal activity	Latex	[79]
3.	Biogas and substitute for petroleum products	Whole plant	[111]
4.	Brewing and to curdle milk	The bark and latex	[99]
5.	Cleansing water	Leaves and its Saps	[99]
6.	Energy plantation	Whole Plant	[99]
7.	(1) <i>Fibers</i>	Bark, and the silky hairs from its seeds	[91]
8.	Fodder	Young pods, Senescing leaves and flowers	[95]
9.	Fungicidal, insecticidal properties	Whole Plant	[49, 70, 74, 119]
10.	Isomers Accumulation	Whole Plant	[43]
12.	Latex or rubber	Latex	[89]
13.	Leather tanning	Whole Plant	[89]
14.	Manna like sugar and liquor (bar)	Sap	[99]
15.	Manure, Pest repellent	Twigs and Leaves	[99, 103, 117]
16.	Molluscicidal activity	Whole plant	[51, 77]
17.	Indicators of Heavy Metals	Leaf and Stem	[104]
18.	Mosquitocidal potential	Whole plant Petroleum ether– acetone extract,	[93, 115]
19.	Poly aromatic hydrocarbon contamination	Leaves	[6]
21.	Reclaiming salt lands	Whole plant	[99]
22.	To cool the air around homes	Plantation of <i>Calotropis</i>	[99]
23.	Substitute for paper	Leaves	[99]

CONCLUSION

The plant *Calotropis gigantea* is a plant with many curative principles and other economic values with the following features: a perennial shrub, distributed up to 900m elevation in the tropical and subtropical areas, growing in all types of soils and environmental conditions, requiring no cultivation practices. As a hydrocarbon rich plant this plant needs more investigation on the aspect of energy conversion.

The quality and quantity of the active principle which are important for many ailments are subjected to many factors such as climate, soil, etc.. In this way standardization of the phytochemicals by these factors are very important to establish the uses of the plant more effectively.

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