

Thinking on the problem of family care for the city to lose the only child in the perspective of community home care

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Abstract: China's implementation of family planning among the three decades produced a special group - the loss of only child family. They brought a great contribution to the country's family planning, but "Something unexpected may happen any time" when their child died for some reason, about their pension issues become increasingly prominent, this paper aims to according to the loss of the status of the family alone, facing propose targeted recommendations based on the perspective of community home care, and called for more people to care about the loss of this single family vulnerable groups, to help them to spend their remaining years.

Keywords: lost the only child's family; Pension; community home care.

Introduction

Some experts have estimated that China from 1975 to 2010, the only child born of 218 million, there are more than 10 million will die before the age of 25[1], resulting in loss of independence more than 20 million persons, while the Ministry of Health published the "2010 China Health Statistics Almanac" show this group is growing at an annual increase rate of 76 000 increasingly large population of Chinese Academy of Social Sciences scholar [2]. Wang Guangzhou seminar on the reform of China's population policy March 1, 2013 at the Peking University pointed out that China alone loss of family He has reached one million in 2010, and under the existing family planning policy unchanged, it is expected that by 2050 the cumulative total number of deaths over 10 years old only child will be tens of millions[3]. The one-child family is essentially risk families, the greatest risk of death than the one-child, the death of child for a family, complete social and family structure on the subsequent collapse. These families after losing their children not only to endure bereavement, we are confronted with no pension nail in the coffin of the tragic situation, and their pension issue has become more urgent.

The traditional family pension mode is backward, pension institutions can not meet people's needs in health care, life care, spiritual comfort, support and other aspects of the economy, community home-based care for the way the loss alone are concerned, low cost, but also to meet the loss of independence who desire to live at home with dignity, and can make extensive use of social resources to better meet the retirement needs of those who lost independence. Community home-based care is the focus and direction of development of

pension service system construction, government and society must be further strengthened support for community home care in the future.

Loss of the only child of the family facing the plight of the elderly

For the loss of only child of the family group, the loss of children for whom life is not only with the external changes, their heart is upside down. They will be quite a long time to live in a negative mood, we blame them for their children, the family they have guilt, they have a future conflict. Many say that the loss of single family holidays, for others in the holidays for them, they are in the "Catastrophe", when this time they will run away. Most of them will choose to leave the family, leaving friends to a strange city to begin life, they often difficult to get out of the shadow of lost children, physically and mentally severely hit, with varying degrees of autism, depression, fear, insomnia and other psychological disorders. Also after losing their children, a family of family structure also will collapse, losing to maintain emotional ties, they are in real life lopsided, finally broken marital relations, strangers[3]. Which for them is undoubtedly an injury, loss of independence and even some groups can not withstand such a blow, he died prematurely. How to help them out of the shadows and start a new life is an important issue, with dignity has become lost at this stage only the family pension.

With the rising price level, people's living standard is quite high, while the corresponding increase of the level of consumption, although the state of the family having lost only certain subsidies, since 2007, China's one-child injured in the country to carry out death

residues family support system pilot work, the main contents of the regime is the only child injury, disability or death after birth again or not legally adopted child of the couple, after over 49 years of age, the conditions required by the Government to give per month support a certain amount of gold, until death or until the child recovered. But for now the level of consumption, these subsidies is utterly inadequate. Especially for death due to illness for one-child families. Single family lost most of the family conditions are not good, and most of them are too large on the age, the age at the same time, the level of their labor will be a corresponding decline. Unable to bear the pain of the dead children, many parents lost alone suffer from varying degrees of illness, From the available data we can see that loss alone is often aged between 40 and 50, on the one hand as they age the probability of occurrence of the disease is growing, on the other hand by the death of children are suffering from the impact of different extent of the disease, and even cancer. They gradually lose the ability to work, because the disease also will be lost daily living. Loss of economic independence groups distress, obtain loans, once encountered a larger disease will become the biggest obstacle to life. Especially for some major surgery, to be signed when children or family members, often miss the best opportunity to rescue, which lost only families undoubtedly is a big burden[4].

Present for the loss of the only families with children, the Chinese do not have a specific loss of independence Family insurance laws and regulations, even if there are some rules and regulations only sporadically distributed in other laws. Due to the long one-child policy, leading to the one-child pension is unique, and only when the risk of loss of time, for the loss of the only families with children, their emotional support and pension will stand out. In terms of 2001, promulgated the "Law on Population and Family Planning", involving loss of social protection of the family only child rule: only child accident disability, death, birth and adoptive parents are no longer children, local people's governments should give the necessary assistance. And necessary to define here is very vague, and in the provisions of law no clear quantitative criteria. At this stage of China for the lack of pension system lost the only child of elderly, many pension issues lost the only child of the old country, mostly in reference to the "three noes old" pension system, but lost the only child family but also with the "three no man," the situation is different, and their situation is more complex and difficult[5]. Simply apply the "three noes old" system still has many problems, it can not be a fundamental solution to the plight of losing the only child of the family.

Feasibility Analysis of community home-based care

In China, the family pension is the traditional way of pension, parents raising children, children supporting parents, especially when people get older, Fallen leaves

return to the roots -to revert to one's origin, geo-cultural concept is more intense. But for the people who lost the only child, the child's departure, which means breaking the chain of family pension. Compared with the family pension, in a nursing home, nursing homes are regarded as a kind of modern old-age pension institutions in the model. For centralized support, centralized residence, daily life is cooking, pension institutions to provide various pension services, but this is a pension model high cost. But for the loss of the only child of the people, most of them economic level is not high, some children died due to injury or sickness for a family is even worse. Do not have enough money to go to a nursing home pension. And now some nursing home facilities are relatively poor, poor facilities, there is a staff quality and professional level is not high[6]. And now a nursing home stay is also required to sign their children, many nursing homes are not willing to accept the loss of the only child of man. The community home care is based on family old-age pension and agencies in the middle of a pension.

Community home care, as opposed to the concept of institutional pension terms, refers to a family and community-based care services around a combination of both. It makes full use of various resources, the elderly live independently as long as possible time, to maintain the elderly community social networks, the elderly under reasonable economic conditions expenditure in the comfort and safety of the community environment in physical space, the necessary condition of their health are closely related cover housing reform, domestic service, daily care, tool life care and medical and nursing care as well as cognitive disorders continuity services, as well as providing advice and all aspects of education, improve the quality of their cultural life of the community. Community home care now more and more attention, and in line with current social trends, and its professional services, social service system, in line with what we are advocating people-oriented principle. Pursuing Community home care for the loss of the only people who live in the community, one can reduce their financial burden and pension costs, on the other hand they do not leave the familiar environment, enhance their confidence in life^[6]. For our government, the implementation of community care, improve the socialist social security system, effectively alleviate government spending on health care, pension. For the community, the community is one of the best pivot, facilitate cooperation and exchanges for the elderly, families, volunteers, non-profit organizations. In favor of integration of resources, to attract capital, to participate in decision-making organization for the elderly, and to provide the best fit the needs of the local community for the elderly care service.

Meanwhile, China as early as the development of community home-based care, the United States, Japan

and other developed countries have established a comprehensive range of community home care service system. In the United States, the retirement community is generally divided into four categories: self-care communities, assisted living communities, special care communities, and continuing care retirement communities. Divided into different levels of different offers various community services for the elderly, and the United States there are several pension community service, for one boarding system "retirement home" facilities, courteous service; the second is the day-care system. " senior citizen centers ", in the center of activity during the day, go home at night to rest; Third is " mutual aid pension. " Let the elderly together to recognize right, mutual aid pension; Fourth, provide on-site service[7]. In Japan not only has a sound on community home-based care of legal and policy frameworks, but also diverse forms of organization, namely: First, government forces mainly by the government and civil service staff; Second, the government funded civil society organizations, such as social welfare associations; Third, volunteers and their organizations, mainly by housewives, students and elderly healthy composition, four corporate-style pension services (Tahara). These countries have established a sound pension system community, for our community home care services provide reference

Lacking in China lost the only child of group pension model community built

Lack of relevant laws and regulations. In our community endowment lost about only child population is basically no laws and regulations, so that their pension problems can not be resolved, interest demands also lack legal protection. National attention to them rarely, although in recent years more and more lost-child groups appear in front of the public, the concern of the community, but for their pension, medical problem solving, No give law provisions.

Organizational form of a single, system is not perfect. Our community home care model is still in the construction phase of exploration, the basic pension services provided by a serious lack of community, no one can guarantee a fixed professional team. Our volunteers are mostly young college students or members of the public, most of them are lack of professionalism, and intermittent due to various reasons, the age difference, life experiences at different times and so on, they are sometimes difficult to understand their demand, into their hearts. Community health care is not perfect, and in the community are mostly for commercial purposes. In our form of organization on a single community home care, relying solely on the power of individuals can not bear the burden of the pension.

The lack of basic services, supply and demand imbalance. Data show that: daycare center. 18.9% of

the needs of the elderly, only 0.5% of the elderly to meet; health guidance, 36.8% of the needs of elderly people, only 9.3% of the elderly are met: family bed, 42.5% of the needs of elderly people, only 14.8% of the elderly receive meet; regular physical examination, 57.8% of the needs of elderly people, only 7.6% of the elderly are met; emergency services, 45.1% of the needs of elderly people, only 0.7% of the elderly to meet[8]. From these data we can see that our community home care, the demand imbalances in many communities and poor infrastructure, not profit-oriented and open to residents. Elderly activity center is also just a decoration, not the actual application. Community committees of these mandatory regulatory and administrative infrastructure so that community infrastructure can not be reasonably applied, thereby slowly to allow residents to lose active sexual activity.

Construction lost the only child of the family community home care system

With the loss of one-child families raised their grief after the loss of their children to start thinking about the pension problem, which requires not only their own efforts, social support, pushing heating groups, but also need the tilt of national policy, government support . The construction of community home-based care services compared with other pension ways, it is more suitable for the Aged only loss willingness way. To get them better dignity, community self-help is essential, help each other to allow a faster loss of independence for the elderly happy to forget the loss of independence, give up the idea of suicide.

To solve the current form is fundamentally alone lost family pension problems, it is necessary to separate itself from the loss of the elderly, the transition loss alone mentality of the elderly, teach them how to get rid of the shackles of its own spiritual, let go of my heart heavy burden. The reason they can not be independent in life, is difficult to bear pressure on the emotional, financial, and public opinion. After losing their only child, they feel lonely. So to get lost alone elderly reduce loneliness, reintegration inside a new life to rebuild their social circle of communication, improve community self-service system is necessary. We want to encourage strong-willed loss of independence for the elderly to volunteer community, so that they find value in helping the survival of the family at the same time more difficult. For example, Shanghai "stars Hong Kong", allowing more independence for the elderly gathered lose warm snuggle with each other. So we can use the power of the community, the medical team set up their own mind, to absorb the loss of more independence for the elderly serve as staff on a regular basis and sentimental exchange loss of independence for the elderly, to ease their inner pressure; failure to establish their own independent family QQ group to facilitate the loss of independence who pours her heart the sufferings and difficulties of life reaction; to form

their own artistic team, let alone loss of active participation, more contact with the outside world, to eliminate loneliness your heart; to build their own website ; only those who lost homes, let alone those who lost more timely understanding of the national policy on missing persons alone, let alone those who feel the loss of state and government for their care and concern; community leaders to be timed during the holidays condolences to lose only the elderly, and more to communicate with them in a timely manner to solve the difficulties they reflect; the role of the community to help each other, loss of independence will feel the warmth of the community, I feel that they are not a person alive, this loss alone who will slowly mentally strong, life can be independent. Only their own strong, have the ability to respond to some of the old-age risk, assist them in order to give the national policy, both to reduce the burden on the state, but also allows the family lost their old age alone.

Conclusion

In china, the number of families lost only child is increasing every year, becoming a large social groups. The resulting range of issues will be followed. For them, perhaps the most concerned about is with the increasing age, their pension problems. This requires the state, society, social organizations, and other joint efforts of their own to help them out of the haze old son to solve their pension predicament, so that they can be a sense of security, the old medical care, worthiness.

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