

The Psychological and Social Problems of the Unemployed and Their Relations with Some Variables

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Abstract: The well-being of the unemployed was strongly correlated with the unemployment of the reference group (regional, partner or household). This result, much stronger for men, is strong for uncoordinated controls of an uncooperative individual. Data plate also shows that those who fell their welfare more than others when entering unemployment are less likely to remain unemployed. These results suggest a psychological explanation for both polarization of unemployment and underdevelopment, based on the implications of changing the base of work in the reference group.

Keywords: Psychological, Unemployment, Mental Health.

INTRODUCTION

Unemployment is a global phenomenon, but its size varies from one country to another. The degree of human treatment received by an unemployed individual varies from one community to another. The rate of unemployment in any society is an important measure of the level of mental health experienced by the population. It is well known that unemployment is a difficult problem for all peoples of all walks of life, but this does not mean that there is no effective solution to reduce its effects on society.

Definition

It may seem at first glance that defining the unemployed as not working is the correct and adequate definition, but the fact is that the definition is inadequate and inaccurate. Not everyone who does not work is considered unemployed, and not everyone looking for work is considered unemployed. Are much larger than the circle of the unemployed. When preparing official statistics on unemployment, two basic conditions must be met:

- To be able to work and thus out of the circle of the unemployed both old and sick.
- To look for an opportunity to work and thus get out of the circle of unemployed students in

schools, institutes and universities of working age, but they are not looking for

Unemployment is an economic problem, as it is a psychological, social, security and political problem. The generation of youth is the generation of work and production, because it is the generation of strength, energy, skill and experience [1], and the disruption of this physical energy due to vacuum, especially among young people leads to the rebound of this energy Causing many problems and unemployment in many countries of the world turn into complex basic problems, may have overthrown some governments, the cases of demonstrations and violence and revenge directed against the rulers and owners of capital officials in the eyes of unemployed, and the statistics confirm that there are tens of millions of unemployed in you And the lack of health and the inability to take responsibility for their families. Scientific studies also indicate that unemployment has a negative impact on mental health. The percentage of unemployed in any society is an important measure of the level of mental health that they experience. Population as well as its effects on physical and social health. Unemployment is a global phenomenon, but its size varies from country to country. The degree of human treatment received by the unemployed individual.

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Side of Mental Health

The state of unemployment in the individual exposure to many manifestations of psychological and social incompetence, in addition to many of the unemployed are characterized by cases of mental and personal disorders, for example, many of the unemployed lack of happiness and dissatisfaction and feelings of helplessness and incompetence, leading to mental impairment. It has also been shown that the unemployed left school to seek employment and then were unable to do so, they are often called for a state of misery and disability. It is one of the most important manifestations of mental illness that may affect the unemployed.

Depression

The state of depression shows a greater proportion of the unemployed compared to those who are committed to doing steady work. The state of depression is constantly exacerbated by the existence of the state of unemployment in the individual, leading to isolation and withdrawal to the self. This isolation leads to the unemployed person searching for alternative means to get out of the living reality painful and often are these means in the use of drugs or suicide.

Lack of self-esteem

The work of man creates the bonds of social belonging, which gives rise to a sense of feeling and responsibility, and is linked to this sense of the individual's pursuit of self-realization through work, on the contrary, unemployment leads to the individual to a state of helplessness and boredom and dissatisfaction resulting in a state of feeling self-deprecating and disrespectful.

Physical and Health

The psychological state and isolation of many of the unemployed cause many diseases and the condition of physical fatigue such as high blood pressure. And high cholesterol, which can lead to heart disease or angina, as well as suffering from malnutrition or acquisition of bad and unhealthy feeding habits. Security and political implications:

The effects of unemployment once everyone finishes high school until the university specialization that will be his concern, looking forward to the job and income, and the income generated, and hear the advice of that in the most required disciplines in the market to meet the need and requirements, and remains the specter of unemployment is what this is the topic that we have chosen to talk about in this article because of its great importance in our time. The effects of unemployment and the proposed solutions to the challenges of unemployment and unemployment, this is a most important problem of the basic themes that revolve about the article.

- Effects of unemployment there are a number of effects resulting from unemployment including:
- Crime and delinquency there are a good number of the unemployed, the situation worsens and they have to deviate from proper behavior in order to provide their needs of food, drink and clothing, especially if the person is weak from the inside, the evil. Drug abuse, unemployment may cause some unemployed people to take drugs and grasses as a result of the deterioration and psychological suffering they suffer from their desperation in finding work that provides them with the basic necessities of life, and gives them self-satisfaction and a feeling of their value and role in society [2].

They resort to drug abuse because they believe they will forget their problems. It is worth mentioning that television has contributed to the promotion of this idea indirectly, when it focused on forgetting concerns and problems is one of the causes of drug abuse, it became the mental picture of drugs, which quickly prepare for the person -H- Expression in case of problems and concerns. Immigration, unemployment has led to the migration of a large number of the unemployed to other countries in order to find the opportunities they have missed in their home country, as is the case with the Gulf States, which have become polarized for a large number of unemployed from other countries; of natural wealth in large quantities such as oil, allowing the investment of large companies to several areas in them, which requires more labor, which is sought by those unemployed. Unemployment may result in the arrival of some psychosocial individuals into chronic depression, which may eventually lead to the suicide of some, and consequently the loss of society to a number of its components. Suggested solutions to reduce unemployment possible solutions to reduce unemployment include:

- Provide vocational and career guidance for students in the middle and high school, so that each student can choose the appropriate course of study and abilities, and thus create creative individuals in the future, because their choice of the right profession makes them able to come up with new ideas to build projects of great feasibility in the field. The publication of statistics by the state on the percentage of students' demand for each specialization of university, and the extent of the actual market demand for labor, so that students can find out the best areas to engage in the work. Reducing the retirement age in the country, so that new graduates can join government jobs higher as an alternative to those retirees. Minimize foreign employment as much as possible and make the most of local manpower [3].

Species The unemployment

First: The unemployment Periodic Cyclical Unemployment:

The unemployment which talk during interval recession economic development and before that reaches the resulting real level energy productivity latent) level playback full (like: what's happened in a lot from countries the world through the crisis finance which started in a 2008. Through interval recession: decline the demand total so you do facilities reduction production and therefore laying down part from the hands operating to reduce costs. Reverse direction this is dips will not happen or occur quickly because : facilities which she did reduction levels production will not return levels production previous because costs the attendant for operations modify production, as such it may accumulation she has stock from goods be through interval drop production and need this inventory to me time for disposal.

Second: The unemployment Structure Structural Unemployment: The unemployment which talk when lead to the changes quick in a structure economy to me losses big in a careers industries certain like: replace plastics shop steeling a making the cars lead to happen unemployment structural for workers steel.

Factors this occurs This Type from The unemployment:

- Continuation people the unemployed in a search about job best compatible with their ambitions or fit with their tastes in a specifications the work and circumstances achievement.
- Legislation limit minimum of wages and pressures unions the work and wages efficiency.
- Availability some functions vacant in a regions or sites geography from difficult residence in which for reasons economic development or social issues [4].

Third: The unemployment Friction Frictional Unemployment: Unemployment optional of people they have qualifications or experiences vocational certain and but no they find immediately display the appropriate for work.

- Talk the unemployment friction because: need owner the work and student occupation for a while from time before reveal market for the parties.
- Usually no continue this is the unemployment for a while time long and especially with development great in a means telecommunications different and drop costs.
- Play politics governmental organizations important to boost opportunities the work and a plus playback like: establishing agencies governmental organizations for playback, preparation programs training rehabilitation, facilitation procedures

transfer laborers from activities stubborn to the growing.

Fourth: The unemployment Convincing Disguised Unemployment: Breakdown non tangible and non-met for measurement quantification conversely species other for unemployment, where lasts during which the unemployed in their lives normal and receive their entry selected) or non-selected without which interruption [5].

From Indicators the unemployment Convincing:

- Drop the resulting borderline for work to me zero or until without zero.
- Deterioration flexibility production to me the work to become zero or negative.
- Doubled size the hands operating comparison size head the money.

Fifth: The unemployment Seasonal Unemployment: Unemployment associated with by seasons certain like: services pilgrimage like the blind. Prevail frequently in activities building and construction and agriculture and tourism especially it is separated winter in a regions which suffer from fluctuations severe in the climate. Enter means modern in agriculture and diversification activities tourism may contribute to me end large in a reduce sharpness the unemployment seasonal. Archaeology economic development for unemployment [6].

From Most important Archaeology Negative For unemployment:

Waste supplier head the money human) the work (and not exploit this the supplier important format the appropriate than lead to me:

- Waste chance satisfaction needs which she was will provide them that power operating wishing and capable on the work and production.
- Loss part possible from the resulting national the unemployment.
- Poverty and low level the living.

The Consequences of Rampant Unemployment Economic Aspects

Marginalization of an important part of the Iraqi labor force and putting it out of the economic process [7]. This is the waste of one of the sources of wealth in Iraq. This waste represents the loss of production and income that could be achieved if these possibilities were exploited, as well as the erosion or erosion of the value of human capital. As a result of the loss of knowledge or skills acquired throughout their studies. The rehabilitation of these forces, which have been deprived of their opportunity to work, requires additional costs the low level of investment and production activity, the decline in growth in the industrial, agricultural, trade and services sectors, the failure of the economic structure and the production

structures, with the increasing dominance of the oil sector over the overall economic activity. This has led to a decrease in actual production from potential production [8].

The Social Aspect

Psychological state is a cause of the unemployed, to suffer from a lot of physical trauma and physical exhaustion. the deterioration of the health level (lack of medicines and other requirements, lack of keeping pace with scientific developments in the medical field), the migration of many medical professionals, the spread of some endemic diseases, while Iraq is considered one of the countries that managed to eliminate these diseases. Unemployment has helped to make migration and travel abroad a dream for many young people, as well as excellent talent and talent, to ensure the security of living for themselves and their families. Unemployment leads to the reluctance of young people to marry because there is no source of income that can cover the expenses required by marriage [9].

The Security Side

- Unemployment leads to a state of political instability in countries where political instability is dependent on the ability of the state to create jobs.
- Income- loss means the difficulty of life as a result of the inability of a person to meet his or her needs and the needs of his or her family, which leads to crime and involvement in terrorist organizations that give him temptations and push him towards retaliation against his society.
- When the unemployed person is unable to spend on himself or his dependents, he will become increasingly disappointed and frustrated, and his psychological condition may deteriorate. This may lead to the abuse of himself or others, or to public and private property.

CONCLUSION

It can be said that unemployment is the survival of the individual without work and inability to earn regardless of the reasons for that, and unemployment historically dominated by social conditions, economic and political, and given the figures mentioned there is no doubt that unemployment has exceeded the red lines, especially in the Arab world, Social, economic, social and political impact on

societies is essential. All individuals and governments must accelerate the problem and contain it by finding appropriate treatment to promote the society and its various institutions.

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