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Microbiology

Evaluation of Bacteriological Quality and Preservatives Efficacy of Cosmetics

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Abstract

Original Research Article

Cosmetics are external preparations normally applied to human body parts to enhance or alter the appearance of the face or fragrance and texture of the body. The common cosmetic products include: foundations, mascaras, powders, lipsticks, eye shadow, skin cleansers, body lotions, shampoos, hairstyling products (gel, hair spray, etc.), perfumes and colognes. Total of (96) cosmetic products were investigated. Twenty (20) samples of foundations, mascaras, compact powders, (5) samples of lip-gloss and (15) sponges of compact powder making a total of 80 products were bought from the market and evaluated for their bacteriological quality before use (as new products) and after three months of their use by volunteers. Total bacterial count was carried out using pour plate technique, and then all bacterial isolates were identified using microscopic examination, biochemical reactions, and gram staining technique. These identifications were confirmed by the use of Analytical Profile Index (API). Challenge test was conducted on (8) foundations and (8) compact powders of different brands to determine the efficacy of preservative(s) included in their formulations. The results revealed that only 15 (18.75%) out of 80 cosmetic products were found contaminated with bacteria and fungi after use. The maximum bacterial contamination (40%) was observed in lip-gloss samples, followed by 35%, 25% and 0.6% of contamination for mascara, foundation and sponge samples respectively. In contrast no bacterial contamination was detected in compact powder samples. The bacterial viable count of 15 cosmetic products showed that most of them exhibited bacterial count ranging between 2.37×10^{-5} and 2×10^{-4} CFU. High viable bacterial count (2×10^{-4}) was observed in mascara samples of Mac trademark. The predominant bacterial isolates were Pseudomonas aeruginosa and Staphylococcus aureus. The S. aureus was predominant in both lip-gloss and foundation samples followed by Klebsiella pneumonia in mascara and sponge samples. The results of challenge test emphasized that, according to United States Pharmacopoeia (USP) legislation standard products of foundation of Maxfactor® and compact powder of Dermacool® were accepted, in which their preservatives were able to inhibit the growth and kill all inoculated standards of both bacteria and fungi after 14 and 28 days of incubation. However, the other reaming cosmetic products were able to inhibit the growth and kill the inoculated standard of bacteria after 14 and 28 days but unable to suppress or inhibit the growth of Candida albicans after 28 days of incubation time. In conclusion, according to USP legislation standard the tested cosmetic products unacceptable and considered as rejected products.

Keywords: Cosmetics, Cosmetics Contamination, Microbial Contamination, Challenge Test.

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INTRODUCTION

In the United States, the Food and Drug Administration (FDA), which regulates cosmetics defines cosmetics as products "intended to be applied to the human body for cleansing, beautifying, promoting attractiveness, or altering the appearance without affecting the body's structure or functions". This broad definition includes any material intended for use as an ingredient of a cosmetic product, with the FDA specifically excluding pure soap from this category and European commission (EC) regulation defines cosmetics as (any substance or mixture intended to be placed in contact with the external parts of the human body (epidermis, hair, nails, lips...etc.) or with the teeth and mucous membranes of the oral cavity with the exclusive or principal objective to clean, perfume, or protect them or, changing their appearance or keeping them in good condition. (Chaudhri and Jain, 2009; Guillerme *et al.*, 2017). Depending on the application area, cosmetics may be categorized as cosmetics for skin, hair-scalp and oral care as well as fragrances (Mitsui, 1997).

The estimated growth rate of global cosmetics market was 6.4% in the year 2020. The global cosmetics market was \$460 billion in 2014 and was expected to

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reach \$675 billion by 2020 (Wood, 2018). Nowadays, microbial contamination and monitoring toxic ingredients as continuous multidimensional control are required in this rising market of cosmetics. Before 1930s there wasn't any importance about studying cosmetics and microbiology but it becomes more important in 1940s (Curry *et al.*, 2006).

Sterility is not a main issue for cosmetics to be accepted but they have to be free from pathogenic organisms like S. aureus, E. coli, P. aeruginosa and low levels of the total aerobic microbial count. The presence of pathogens and high levels of organisms in cosmetic products can cause spoilage in the form of physical deterioration of the products and pose a high risk for consumer's health (Becks and Lorenzoni, 1995; Behravan et al., 2005; Campana et al., 2006). For the last three decades Good Manufacturing Practices (GMP) has been implemented as a good strategy to improve industrial quality control analyses. In support to this purpose, Microbial Limits Test has been established according to the USP to determine total microbial count for bacteria, yeast and mould using several methods of analyses (Anon, 2006). Despite of these regulations microbial contamination is still playing a major role in product recalls worldwide, especially in developing countries (Okeke and Lamikanra, 2001). Therefore, improving preservative system (Farrington et al., 1994; Linter and Genet, 1998) is a good way to inhibit growth of organisms during manufacturing, storage and handling by consumers, also the use of non-invasive packaging is recommended (Brannan and Dille, 1990). During the years between 2008 and 2014, many cosmetic products were recalled from 14 different countries due to microbial contamination and the number of countries that recalled cosmetics from the market was raised in 2013 and 2014 (Neza, 2016). On other hand, the presence of microorganisms in cosmetic products and their exposure to atmospheric oxygen are capable of causing modification to cosmetic products. Generally, addition of antimicrobial preservatives to prevent microbial spoilage of cosmetic products and addition of antioxidant preservatives to prevent oxidation phenomena and preventing the release of free radicals are two very important measures renders cosmetic products very safe (Martini, 2006).

Therefore, in accordance with the legislation in force, this study aimed to evaluate the possible bacterial contamination of several cosmetic products in two different ways of their use (before and after-use). Moreover, evaluating the efficacy of preservatives included in these cosmetic formulations using microbiological challenge test.

OBJECTIVE

This study assessed and verifies the bacteriological quality of some brands of cosmetic products marketed in the country and sold within the city of Tripoli, Libya in two different ways of their use (before-use and after-use). Moreover, evaluating the efficacy of preservatives included in these cosmetic formulations using microbiological challenge test.

METHODS

Setting and Study Design

This study is a prospective microbiological evaluation. The study was carried on five types of cosmetics namely; four foundations (*Mac*[®], *Maxfactor*[®], *Deborah*[®] & *Ever beauty*[®]), four mascaras (Mac[®], Maxfactor[®], *Maybelline*[®] & New well[®]), four compact powders (*L'Oreal*[®], *Derma cool*[®], *Maybelline*[®] & *Final touch*[®]), sponges of compact powder and lip-gloss. These products were taken as new (unopened) products and as (opened) products used by volunteers in city of Tripoli. Each volunteer was invited to informed consent.

Sample Collection

As shown in figure 1, a total of 96 cosmetic products were investigated. One hundred and sixty (160) samples were tested in two different ways of use, the intact product (at the time of purchase as new product), and the in-use product (after 3 months of use) were collected and investigated in order to verify the degree of possible bacteriological contamination during their use by volunteers. Twenty (20) samples of each of cosmetic products of different brands and packages namely; Foundations, mascaras, and compact powders. In addition to 5 lip-gloss and 15 sponges of compact powder, making a total of 80 samples were taken from commercially cosmetics available in the Libyan market and sold as new (unopened) products and tested before and after three months of volunteer's use. All samples were taken to the laboratory of microbiology in the department of microbiology and immunology at faculty of pharmacy, university of Tripoli to evaluate their bacteriological quality using standard microbiology procedures. Lastly, 8 samples of each of foundations and compact powders (total of 16 samples) were taken and investigated for the efficacy of their included preservative(s) using challenge test.

MICROBIOLOGICAL ANALYSIS Bacterial Identification

Small amount samples of each of foundation, compact powder and lip-gloss were transferred to 9ml of phosphate buffer solution containing 0.5% of tween 80 and small amount of mascaras samples were transferred to 9ml of phosphate buffer containing 0.5% of tween 20, while small pieces of sponges were transferred to 9ml of nutrient broth then incubated at 37°C for 24 hrs then inoculated in the following selective media: MacConkey agar (MCA) is selective for gram negative organisms helps to differentiate lactose fermenting and gram-negative rods from non- lactose fermenting gram-negative rods. It is primarily used for the detection and isolation of members of family Enterobacteriaceae and Pseudomonas spp. Mannitol salt agar (MSA) is a selective, differential and indicator medium which was used to isolate and identify S. aureus.

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Salmonella-Shigella (SSA) agar is a selective and differential medium was used to isolate *Salmonella* and *Shigella*. Muller Hinton Agar (MHA) and Sabouraud dextrose agar (SDA) were used for the isolation and cultivation of fungi and yeasts respectively.

Routine microbiological tests; gram staining, biochemical tests (*catalase test, coagulase test, triple sugar iron agar test, indole test, oxidase test*) were performed on isolated colonies and then confirmed by using API kits.

Total Bacterial Count

The collected samples of cosmetic products were investigated for the determination of total viable bacterial count (before and after use) using pour plate method. Each sample, 10-fold serially diluted in physiological buffer and opportunely homogenized, and was spread on plate count agar (PCA; Himedia, Mumbai, India) and selective agar according to the founded contaminant and incubated at 37°C. The plates were observed after 24-48 hrs and the number of colony-forming units (CFU/ml) was determined. Each assay was performed in duplicate.

Challenge Test for Preservative Efficacy

A total of 16 cosmetic products (8 foundations and 8 compact powders) were chosen and subjected to challenge test (figure 1). Each cosmetic product was divided into 4 groups. Each group contains two of foundation or compact powder with the same type of preservatives. One preservative was taking from each group, making a total of eight different preservatives were tested for their efficacy using challenge test (figure 1). The challenge test for efficacy of antimicrobial preservation of cosmetic products was investigated as suggested by USP. Reference strains of P. aeruginosa ATCC 25850, E. coli ATCC 25922, S. aureus ATCC 25923 and C. albicans ATCC 10231 were obtained from department of microbiology, faculty of medicine, university of Tripoli, Tripoli, Libya. Freshly grown bacteria and fungi were prepared in a concentration of 1×10^{-8} cfu/ml. All inoculated samples were incubated at 25°C for 28 days. Two grams of aseptic samples were removed on days 0, 14, and 28 and added to the neutralizing medium, and the total viable microbial count was determined by plate count using (PCA) and selective media for each inoculated organism. Plates were incubated for 24-48 hrs at 37°C for bacteria and at 25°C for 5 days for fungi. At the end of the incubation period, the number of colonies was recorded for each plate and counts were expressed as colony forming units per gram (cfu/g). The acceptance criteria for bacteria was at least the second logarithmic reduction from initial count and no increase from the 14 days count to 28 days and for fungi no increase from the initial count at 14 and 28 days (USP, 2003; Birteksoztan et al., 2013).

STATISTICAL ANALYSIS

All experiments were carried out in triplicate (3 biological replicas and 3 technical replicas). The results are presented as means \pm SD. Statistical analysis was conducted using the SPSS version20. After assumptions of normality, the variances of homogeneity were checked by one-way analysis of variance (ANOVA) test and Chi- square test were performed on the data. The significance level was set at p<0.05.

RESULTS

Samples from un-opened (new) compact powder, foundation, lip-gloss and sponge products showed no microbial growth. On the other hand, after performing gram staining on each of five samples of un-opened (new) Maybelline[®] Mascara, only one sample revealed growth of P. aeruginosa which was then confirmed by oxidase and TSI tests. Regarding detection of microbial contamination after three months of use the results shown in table 3 revealed that only 15 out of 80 (18.75%) cosmetic samples were found contaminated with bacteria and fungi. The maximum bacterial contamination (40%) was observed in lip-gloss samples, followed by 35%, 25% and 0.6% of contamination for mascara, foundation and sponge samples respectively. In contrast no bacterial contamination was detected in compact powder samples, the statistical analysis carried out by Chi-square test revealed that, the difference in contamination with lip - gloss, mascara and foundation before and after volunteer's use was statistically significant with a *p*-value less than 0.05 (< 0.05), However, there was no significant difference in the use of compact powders and their sponges with a p-value more than 0.05 (> 0.05). Furthermore, the use of lip-gloss showed higher contamination incidence (40%) than did the mascara (35%), then followed by foundation (25%). The lowest degree of contamination (0.6%) and (0%) was observed for compact powder's sponge and compact powder itself respectively and statistically different in contamination with lip- gloss, mascara and foundation this statistically difference means there is strong relation between the use of these products and their contamination.

The result in table 4 represents total microbial viable count for different cosmetic products. The microbial evaluation of 15 cosmetic products showed that most of them exhibited microbial count ranging between (2.75 x10⁻⁶ and 2 x10⁻⁴) cfu/ml. High viable microbial count (2 x10⁻⁴) cfu/ml was observed in mascara sample of Mac®. The lowest microbial count $(2.75 \text{ x}10^{-6} \text{ cfu/ml})$ was observed in foundation samples of New well[®]. The total bacterial viable count was ranging between (2.37 x10⁻⁵ and 2 x10⁻⁴ cfu/ml). High viable bacterial count (2 x10⁻⁴) cfu/ml was observed in mascara sample of Mac[®]. While the lowest bacterial count (2.37 x10⁻⁵) cfu/ml was observed in mascara of *Maybelline*[®]. Among 15 of the total investigated samples of used cosmetic products, S. aureus was predominant in both lip-gloss and foundation samples followed by K.

pneumonia in mascara of Maybelline[®] and sponge samples. The presence of Rhizopus spp. was only observed in foundation of New well® and mascara of Maxfactor[®] samples.

The effectiveness of preservatives using challenge test was performed on 16 cosmetic products (8 foundations and 8 compact powders). The results showing in table 5 emphasized that, all cosmetic products did not show sign of bacterial contamination during the total viable count using three stains of reference bacteria; E. coli ATCC 25922, S. aureus ATCC 25923 and P. aeruginosa ATCC 25850. However, both foundation and compact powder samples

yielded fungal contamination of C. albicans ATCC 10231 counts with preservative activity results ranging from 1.6 x 10⁻⁸ to 7.8 x 10⁻⁷ cfu/g after 28 days of incubation period. Whereas, no growth of C. albicans was observed for Maxfactor[®], Deborah[®] and Mac[®] of foundations and L'Oreal® and Derma cool® of compact powders after 14 days of incubation time.

The results in table 5 clearly demonstrated that two cosmetic products namely; Maxfactor® of foundations (figures 1a) and Dermacool® of compact powders (figures 2a) out of 8 trademarks of cosmetic samples passed the preservative effectiveness test.

COSMETICS TYPE	TRADEMARKS	· · · · · ·	· ·	· ·	-	TURE MEDIA			
			MSA	MCA	SSA	MHA	SDA		
Compact powder	N/A	N/A	-	-	-	-	-		
Foundation	N/A	N/A	-	-	-	-	-		
Lip-gloss	N/A	N/A	-	-	-	-	-		
Mascara	Mac [®]	M.C.1	-	-	-	-	-		
	(M.C.)	M.C.2	-	-	-	-	-		
		M.C.3	-	-	-	-	-		
		M.C.4	-	-	-	-	-		
		M.C.5	-	-	-	-	-		
	Maxfactor®	M.X.1	-	-	-	-	-		
	(M.X.)	M.X.2	-	-	-	-	-		
		M.X.3	-	-	-	-	-		
		M.X,4	-	-	-	-	-		
		M.X.5	-	-	-	-	-		
	Maybelline®	M.B.1	-	-	-	-	-		
	(M.B)	M.B.2	-	-	-	-	-		
		M.B.3	-	-	-	-	-		
		M.B.4	-	-	-	+	-		
		M.B.5	-	-	-	-	-		
	New well [®]	M.N.1	-	-	-	-	-		
	(M.N.)	M.N.2	-	-	-	-	-		
		M.N.3	-	-	-	-	-		
		M.N.4	-	-	-	-	-		
		M.N.5	-	-	-	-	-		
Percentage (%) of cont	amination		0%	0%	0%	1%	0%		

Table 1: Contaminated samples of un-opened (new) cosmetic products

MSA, Mannitol salt agar; MCA, MacConkey agar; SSA, Salmonella-shigella agar; MHA, Muller Hinton agar; SDA, Sabouraud dextrose agar.

Table 2: Cosmetic products and the	ir preservative's content
Cosmetic products	Types of preservative

1.....

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Cosmetic products		Types of preservative
Types of cosmetics	Trademarks	
Foundation	<i>Maxfactor</i> [®]	Sodium
		dehydroacetate
		Methyl paraben
		Propyl paraben
	Deborah®	Stearic acid
		Methyl paraben
	Ever beauty [®]	Phenoxyethanol
		Methyl paraben
		Butyl paraben
	$Mac^{\mathbb{R}}$	Phenoxyethanol

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Cosmetic products	Cosmetic products			
Types of cosmetics	Trademarks			
		Sorbic acid		
Compact powder	L'Oreal [®]	Methyl paraben		
		Propyl paraben		
		Ethyl paraben		
	Derma cool®	Phenoxyethanol		
	Maybelline®	Potassium sorbate		
		Sodium		
		dehydroacetate		
	Final touch [®]	Propyl paraben		
		Methyl paraben		

Table 3: Detection of microbial contamination after the use of cosmetic products

Cosmetic product	Number of examined samples	Contamin	ated samples
		Number	Percentage (%)
Lip-gloss	5	2	%40
Mascara	20	7	%35
Foundation	20	5	%25
Sponge	15	1	%0.6
Compact powder	20	0	%0
Total	80	15	18.75%

 Table 4: Total microbial viable count and types of bacterial and fungal contaminants isolated from contaminated samples of cosmetic products after use.

Cosmetic pr	oducts		•	Contaminated organisms						
Туре	Trademarks	Contaminate	d samples							
		Number	Total	CFU / ml ⁻¹	Isolated strain					
Lip gloss	Forever®	1	2	TMTC	S. aureus					
	Deborah®	1		1.18x10 ⁻⁴	S. aureus					
Foundation	Maybelline®	2	5	TMTC	S. aureus					
				1.15x10 ⁻⁴	S. aureus					
	Mac®	1		1.1x10 ⁻⁴	S. aureus					
	New-well [®]	2		1.3x10 ⁻⁴	S. aureus					
				2.75x10 ⁻⁶	Rhizopus spp.					
Mascara	Maybelline®	4	7	1x10 ⁻⁴	K. pneumonia					
				2.37x10 ⁻⁵	K. pneumonia					
				1.87x10 ⁻⁴	K. pneumonia					
				TMTC	P. aeruginosa & K. pneumonia.					
	Mac®	1		2x10 ⁻⁴	Enterobacter amnigenus					
	Maxfactor®	1		TMTC	Rhizopus spp.					
	New-well [®]	1		0.23x10 ⁻⁴	S. aureus					
Sponge	Maybelline®	1	1	0.9x10 ⁻⁴	K. pneumonia					
Total examined cosmetic products		15								

TMTC, Too Many To Count.

Table 5: Preservatives efficacy by challenge test

Types of	Trademark	Colon	Colony Forming Units (CFUs) / gram										
cosmetics					P. aer 25850	uginosa	ATCC	C. al 10231	ATCC				
		0 day	14 days	28 days	0 day	14 days	28 days	0 day	14 days	28 days	0 day	14 days	28 days
Foundation	Maxfactor ®	8.5 x 10 ⁻⁸	-	-	6.4 x 10 ⁻⁸	-	-	2.8 x 10 ⁻⁹	-	-	5.1 x 10 ⁻⁸	-	-
	Deborah®	1.2 x 10 ⁻⁹	-	-	4.1 x 10 ⁻⁸	-	-	3.7 x 10 ⁻⁸	-	-	4.9 x 10 ⁻⁸	-	5.3 x 10 ⁻⁸
	Ever beauty [®]	1.7 x 10 ⁻⁹	-	-	6.0 x 10 ⁻⁸	-	-	2.4 x 10 ⁻⁹	-	-	7.3 x 10 ⁻⁸	1.8 x 10 ⁻⁸	7.8 x 10 ⁻⁷
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Types of	Trademark	Colony Forming Units (CFUs) / gram											
cosmetics		<i>E. coli</i> ATCC 25922		S. aureus ATCC			P. aeruginosa ATCC					ATCC	
		0	14	28	25923 0 14		25850 28 0		14 28		10231 0 14		28
		day	days	days	day	days	days	day	days	days	day	days	days
	Mac®	1.4 x	-	-	7.8 x	-	-	2.2 x	-	-	6.0 x	-	7.5 x
		10-9			10-8			10-9			10-8		10-7
Compact	L'Oreal [®]	2.1 x	-	-	2.4 x	-	-	7.4 x	-	-	1.7 x	-	3.0 x
powder		10-9			10-8			10-8			10-8		10-8
	Derma	5.8 x	-	-	2.0 x	-	-	4.5 x	-	-	1.4 x	-	-
	cool®	10-8			10-8			10-8			10-9		
	Maybelline	3.0 x	-	-	1.0 x	-	-	1.1 x	-	-	1.9 x	1.5 x	1.6 x
	®	10-8			10-8			10-8			10-8	10-9	10-8
	Final	8.4 x	-	-	1.0 x	-	-	9.5 x	-	-	1.8 x	0.78 x	0.98 x
	touch®	10-8			10-8			10-8			10-8	10-8	10-7

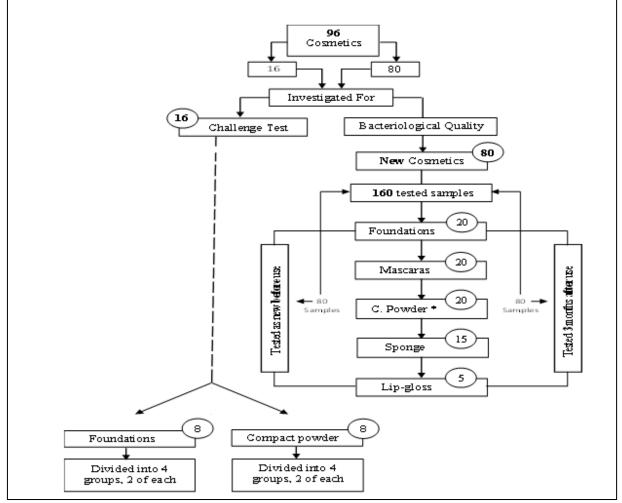
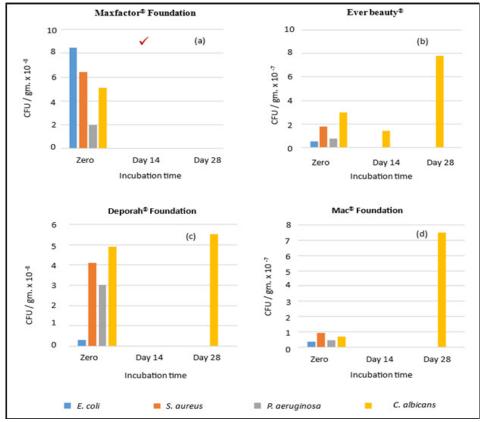
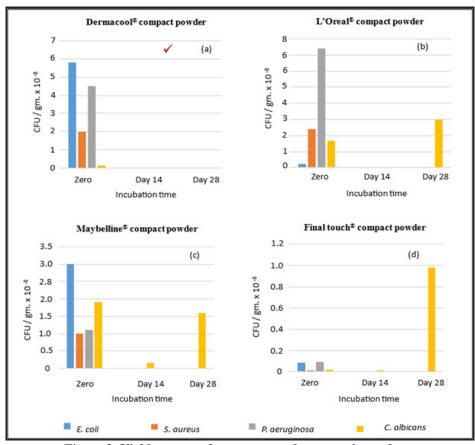


Figure 1: Schematic representation of investigation plan showing numbers and distribution of cosmetic's samples.









DISCUSSION

Eighty (80) new (unopened) cosmetic products of different trademarks (table 1) were investigated for possibility of their microbial contamination. No microbial contamination was detected in 79 of tested products of foundation, compact powder, sponge and lip-gloss except for one mascara sample of Maybelline® (1/20) was contaminated with P. aeruginosa. Same result was obtained from study carried out on 2005 in which no microbial contamination was detected in 91 examined cosmetic samples (Campana et al., 2006). One case of death was reported by immune compressive patient after using shampoo contaminated with P. aeruginosa. (Birteksoz tan et al., 2013). A research study carried out in 2009 revealed contamination of cosmetic eve products with S. aureus, S. epidermidis and S. warneri. Other study by Muhammed H. j. concluded that mascara samples were more contaminated than the other tested products and the contaminated organisms were S. epidermidis, K. pneumonia, P. aeruginosa and C. albicans. (Muhammed et al., 2011). Moreover, eye infections were noted after using cosmetic products contaminated by P. aeruginosa (Budecka and Kunicka-Styczyńska, 2014). The likely source of these organisms is from the hands of users, as moisturizers are often used after or independent of washing. (Campana et al., 2006). The detection of varying types of microorganisms in the used cosmetic products was caused mainly by the volunteers whilst using the cosmetics and by contrast, no microbial contamination was found in new (un-used) packaged products. In the current study, S. aureus was detected in all Foundation products (2 Maybelline[®] samples, 1 New well[®] sample, and 1 Mac[®] sample) except for Maxfactor[®], 2 lip-gloss samples of $Forever^{\$}$ and $Deborah^{\$}$ and 1 mascara sample of $New well^{\$}$). Other sample of foundation of New well® was contaminated with Rhizopus spp.; also Rhizopus spp. was detected in Maxfactor® Mascara; P. aeruginosa in Maybelline®Mascara. K. pneumonia a known respiratory pathogen was also observed in Maybelline®Mascara and Sponge. The present study is in with the previous agreement findings of (Ibegbulam-Njoku et al., 2016) who reported that, cosmetic products highly contaminated with bacteria and fungi including hazardous type such as: S. aureus, P. aeruginosa and C. albicans. S. aureus as the most commensal organism found in the skin was identified in Lip-gloss, Foundation and Mascara tested in this study. The current results agree with those obtained by many investigators (Baird, 1984; Behravan et. al., 2005; Lundov et. al., 2009; Elmorsy and Hafez, 2016) who found S. aureus and P. aeruginosa are the common pathogenic bacteria in cosmetic samples. A11 microorganisms recovered from cosmetic products tested in this study are opportunistic pathogens capable of finding easy access to sensitive area in human body such as eyes, nasal and oral cavity which may pose a health risk to the consumers causing various illness like blood stream, urinary infections and fungal peritonitis especially in immunocompromised patients (Trofa et al.,

2008; Mahlen, 2011; De Bentzmann and Plesiat, 2011). the efficacy of different preservatives included in unopened (new) cosmetic products as shown in (table 2) was tested before use of cosmetics to evaluate the best preservative that can suppress and prevent the growth of bacteria and fungi. Results obtained from this study was evaluated according to the USP in a criteria with no less than second logarithmic reduction from the initial count and no more from the 14 and 28 days count for bacteria and no more from the initial calculated count at 14 and 28 days for yeast and molds (USP, 2003; Birteksoz tan et al., 2013). In accordance to the later acceptance criteria, four samples of two tested cosmetics were accepted namely; two of Maxfactor® foundations and two of Dermacool[®] compact powder samples, in which their preservatives were able to inhibit the growth and kill all inoculated standard of both bacteria and fungi at 14 and 28 days (table 5; figures 2a & 3a). While the other 12 samples were able to inhibit the growth and kill the inoculated standard bacteria at 14 and 28 days but unable to suppress or inhibit the growth of C. albicans suggested that the antimicrobial action of preservatives included in their formulations was not effective. Research studies by (Abdelaziz et al., 1989; Hugbo et al., 2003; Omorodion et al., 2014; Gamal et al., 2015) found cosmetic creams harbor high numbers of bacteria and fungi. Fungal contamination of some cosmetic products especially in creams can be attributed to the type of cream preparations which are often water in oil emulsions, with high concentrations of solutes and lowered water activity. Finally, the results presented in this study revealed presence of varying types of microorganisms in the used cosmetic products indicating contamination caused by the volunteers whilst using these cosmetics and no microbial contamination was found in approximately new (un-used) packaged products. This result comes in agreement with EU guidelines which stated that, in many cases organisms present in used cosmetic products but were prohibited in packaged (new) products (Scientific committee and consumer safety, 2016). Research studies have revealed that, significant threat of infection comes when consumers using cosmetic products contaminated with potentially pathogenic organisms such E. coli, S. aureus, P. aeruginosa, C. freundii and Candida species, practically when they applied around the mouth or eyes (Pascher, 1982; Dadashi and Reza, 2016; Eldesoukey et al., 2016).

CONCLUSION

The recovery of pathogenic microbes in tested cosmetic products is clear indication of poor cleaning and hygiene during their use, also the infectivity of their preservatives led us to presume that, the challenge test should be performed not only during the preparation of preservative system in new cosmetic products, but also be applied during their use in order to evaluate the protection efficacy of these preservatives, as recommended by the European Directive 2003/15/CE. All potential sources of contamination must be identified and monitored. In order to do so, four steps must be considered (1) inspection and control of raw materials; (2) inspection and control of manufacturing process; (3) inspection and control of final product delivery and finally; (4) monitoring the use of cosmetics by the consumers, especially ladies.

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