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**Review Article** 

# **Impact of Marketing Mix Elements on Consumers' Preference for OTC Products in India**

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Abstract

India is one of the emerging markets for OTC drugs and offers significant growth potential for the industry. OTC Drugs' means drugs legally allowed to be sold 'Over the Counter', i.e. without the prescription of a Registered Medical Practitioner. The Indian OTC drug market is poised for a tremendous growth in recent times. Changing consumer perception towards OTC drugs, changed the outlook of OTC drugs as a FMCG product, increasing investments on media promotion for OTC drugs, wider distribution and market reach including rural pockets have significantly contributed to this status of the products. However, there is a need for further strategies in place to offer the much needed makeover for OTC drugs in India. OTC drug market is much considered by every marketer due to its growth prospects and consumption aspects. The purpose of this paper is to identify various marketing mix elements that can influence the customer preference in purchasing OTC product.

**Keywords:** Over-The-Counter (OTC) Medicine; Pharmaceutical Marketing; Consumer Perception; Consumer Purchase Behaviour.

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# **INTRODUCTION**

India is one of the emerging markets for OTC drugs and offers significant growth potential for the industry. The market is growing in India due to the increasing healthcare expenditure, unhealthy dietary habits, expanding population, and growing healthcare awareness [3].

Over the counter business includes products in categories such as analgesics, antipyretics, cough, cold and allergy, dermatological, gastrointestinal and lifestyle OTCs such as vitamins, minerals and nutritional supplements and dental products.

By Product	Cough, Cold, and Flu Products Analgesics Dermatology Products Gastrointestinal Products Vitamins, Minerals, and Supplements (VMS) Other Products
By Distribution Channel	Retail Pharmacies Online Pharmacy Other Distribution Channels

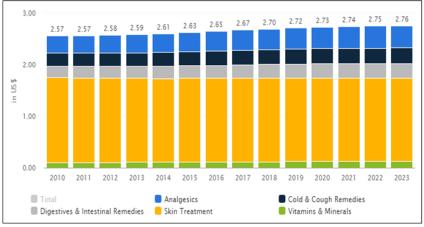
Source: Mordor Intelligence

The key factors propelling the <u>growth</u> of the Indian over-the-counter drugs market are the shift in consumer attitude toward self-medication, product innovations, and inclination of pharmaceutical companies toward OTC drugs from RX drugs. According to Indian Brand Equity Foundation (IBEF) report of march 2019, 70 % of market share (in terms of revenues), generic drugs form the largest segment of the Indian pharmaceutical sector followed by Over the Counter (OTC) medicines with 21% and remaining 9% with patented formulations[2].



The India OTC market was valued at USD 4611.88 million in 2018, and it is expected to reach USD 10229.99 million by 2024, with an anticipated

CAGR of 14.20% during the forecast period, 2019-2024. The average revenue per person in the market for OTC Pharmaceuticals amounts to US\$2.72 in 2019.

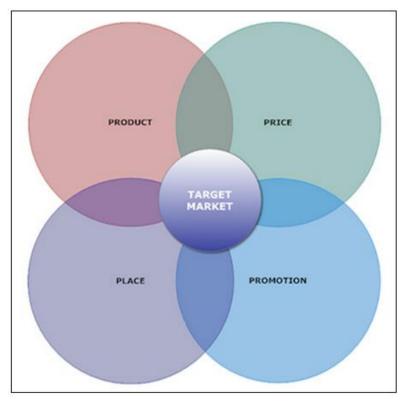


Source: Mordor Intelligence

# **MARKETING MIX**

The marketing mix is the set of actions, or strategies, that a company adopts to promote its brand

or product in the market. Majorly comprising 4Ps - Price, Product, Promotion and Place [1].



Source: https://marketingmix.co.uk/

# **PRODUCT**

A product is an item that is built or produced to satisfy the needs of a certain group of people. The

product can be intangible or tangible as it can be in the form of services or goods.



Source: Google images

You must ensure to have the right type of product that is in demand for your market. So during the product development phase, the marketer must do an extensive research on the life cycle of the product that they are creating [4].

#### **Classification of Pharmaceutical Drugs in India**

On the basis of prescriptions the major classification of drugs is: Prescription Drugs and Non-Prescription Drugs. Prescription Drugs: Prescription drugs are drugs that are not locally available without a physician's prescription. A prescription drug is a licensed medicine which is obtained only by prescription. The prescription drugs are regulated by legislation. In India, "Rx" is often used as a short form for prescription drug. In European countries, any kind of prescription drug has a monograph or Patient Information Leaflet (PIL) that gives detailed information about the drug. Prescription-only drugs are those medicines that are listed in Schedules H and X appended to the Drug and Cosmetics Act & its Rules. Drugs listed in Schedule G (mostly antihistamines) do not need prescription to purchase but require the following mandatory text on the label: "Caution: It is dangerous to take this preparation except under medical supervision". Drugs falling in these 3 schedules are

currently not advertised to the public under a voluntary commitment by the pharmaceutical industry.

Non Prescription Drugs: These are medicines, which can be bought at a pharmacy without the prescription of a doctor, at the pharmacist's advice. These are also known as over-the-counter (OTC) medicines. 'OTC Drugs' means drugs legally allowed to be sold 'Over the Counter', i.e. without the prescription of a Registered Medical Practitioner. In India, though the phrase has no legal recognition, all the drugs that are not included in the list of 'prescription only drugs' are considered as non-prescription drugs (or OTC drugs)[6].

# PRICE

The price of the product is basically the amount that a customer pays for to enjoy it. Price is a very important component.



Source: Google images

It is also a very important component of a marketing plan as it determines your firm's profit and survival. Adjusting the price of the product has a big impact on the entire marketing strategy as well as greatly affecting the sales and demand of the product.

Pricing always help shape the perception of your product in consumers eyes. Always remember that a low price usually means an inferior good in the consumer's eyes as they compare your good to a competitor.

Consequently, prices too high will make the costs outweigh the benefits in customer's eyes, and they will therefore value their money over your product. Be sure to examine competitors pricing and price accordingly.

When setting the product price, marketers should consider the perceived value that the product offers. There are three major pricing strategies, and these are:

- Market penetration pricing
- Market skimming pricing
- Neutral pricing [4]

The factors usually taken into account while determining the price of a product can be broadly described as follows:

(a) Cost: No business can survive unless it covers its cost of production and distribution. In large

number of products, the retail prices are determined by adding a reasonable profit margin to the cost. Higher the cost, higher is likely to be the price, lower the cost lower the price.

(b) **Demand**: Demand also affects the price in a big way. When there is limited supply of a product and the demand is high, people buy even if high prices are charged by the producer. But how high the price would be is dependent upon prospective buyers' capacity and willingness to pay and their preference for the product. In this context, price elasticity, i.e. responsiveness of demand to changes in price should also be kept in view.

(c) Competition: The price charged by the competitor for similar product is an important determinant of price. A marketer would not like to charge a price higher than the competitor for fear of losing customers. Also, he may avoid charging a price lower than the competitor. Because it may result in price war which we have recently seen in the case of soft drinks, washing powder, mobile phone etc.

(d) Marketing Objectives: A firm may have different marketing objectives such as maximisation of profit, maximisation of sales, bigger market share, survival in the market and so on. The prices have to be determined accordingly. For example, if the objective is to maximise sales or have a bigger market share, a low price will be fixed. Recently one brand of washing

powder slashed its prices to half, to grab a bigger share of the market.

(e) Government Regulation: Prices of some essential products are regulated by the government under the Essential Commodities Act. For example, prior to liberalisation of the economy, cement and steel prices were decided by the government. Hence, it is essential that the existing statutory limits, if any, are also kept in view while determining the prices of products by the producers [5].

Price controls are carried out on certain drugs by virtue of the Drugs (Prices Control) Order 1995 (DPCO), in the framework of the Essential Commodities Act (ECA). The DPCO is the responsibility of the Ministry of Chemicals and Fertilisers21 and is supervised by the National Pharmaceutical Pricing Authority (NPPA). It outlines the classification of price controlled products and methods of price fixation and revision. The NPPA monitors drug prices by fixing and revising them. The 347 price-controlled drugs under the Drugs (Prices Control) Order 1979 were brought down to 143 in the Drugs (Prices Control) Order 1987. Under the DPCO-1995, there are 74 bulk drugs and their formulations under price control covering around 40% of the total pharmaceutical market in India. Only a few OTC actives, e.g. acetylsalicylic acid and ephedrine and its salts, fall under the current DPCO price control.

The stockist / wholesale and retail margins on medicinal products are fixed by an agreement of Industry Associations including OPPI and the All India Organisation of Chemists & Druggists (AIOCD) whereby a 10% margin on the Maximum Retail Price (MRP exclusive of all taxes & duties) is provided for the stockist/wholesaler and 20% for retailers for nonprice-controlled drug products. For price controlled products 16% margin for Retailers is mandated by the DPCO. Generally, Stockists retain between 5-6% of margin while passing on the balance 3-4% margin to wholesaler or bulk retail buyer.

PLACE



Industry, market and customer trends are creating both challenges and opportunities for increasing business and profitability and for making more and more profits in competitive and trendy pharmaceutical industry, companies are deploying a plethora of marketing and distribution strategies to target the different customer segments. The downstream Supply Chain of pharmaceutical products is unique. Not only in India but over the globe medicines and healthcare facilities are generally distributed and sold by the non-user customers of the drugs and pharmaceutical products, reputedly known in society as Doctor/s. This is doctor/s mostly who prescribe the pharmaceutical product/s to the real-user customer poorly known in society as Patient (ill person) or friends/ relatives of the patient.

In the pharmaceutical and healthcare industries, a complex web of decision-makers determines the nature of the transaction (prescription) for which direct customer of pharmaceutical industry (doctor) is responsible. Essentially, the end-user (patient) consumes a product and pays the cost. Which drug to transact, from where to transact, in what quantity to buy etc. etc. all are directed by the doctor which is consumed by the patient and pays the cost.

Doctors plays the direct role in transaction of drugs through prescriptions so are the Direct customers of the pharmaceutical companies while patients play indirectly although they pay the price essentially, are indirect customers of the pharmaceutical companies. Pharmaceutical companies use the sales force of Medical Representatives (sophisticated designed in hierarchy) for marketing products to doctors and to exert some influence over others in the hierarchy of decision makers (for procurement, buying, prescribing) has been a time-tested tradition. It is also a fact that Indian consumers confidently self-treat a wide range of common ailments such as cough, cold, fever, pain & sprains, heartburn, indigestion and diarrhoea. With a strong heritage of Avurveda and alternative medicines. the usage of home remedies is quite high in Indian households. In fact, more than 30% of the time Indian consumers use home remedies.

Generally two types of diseases, Chronic and Acute, ask the pharmaceutical players to adopt different types of model of supply chain or distribution for the sales of the products. While most of the top Indian companies have focused on antibiotics and anti infectives (acute), many companies operate in niche formulations (chronic) segments such as psychiatry, cardiovascular, gastroenterology and neurology. The level of competition in very high in Acute segment on day to day basis however the degree of competition in not as much as high in Chronic therapy area on day to day basis. As doctor has to prescribe drug for a long time in chronic cases and patient is supposed to consume it without any change of brand. While in acute cases doctor is changing brands on day to day basis.

Cold chain management in pharmaceuticals is important to ensure that the right quality is maintained

during storage and transportation, and also to meet the regulatory commitments. Regulatory guidelines and standards around the world focus on the right storage and transportation, and adhering to these standards is important.

The manufacturer has to ensure the availability of his goods to the consumers at convenient points for their purchase. He may do so directly or, as stated earlier, through a chain of middlemen like distributors, wholesalers and retailers. A channel of distribution thus, refers to the pathway used by the manufacturer for transfer of the ownership of goods and its physical transfer to the consumers and the user/buyers (industrial buyers).

#### There are many distribution strategies, including

- Intensive distribution
- Exclusive distribution
- Selective distribution
- Franchising [2]

#### **PROMOTION**

Promotion refers to the process of informing and persuading the consumers to buy certain product. By using this process, the marketers convey persuasive message and information to its potential customers.

The main objective of promotion is to seek buyers' attention towards the product with a view to:

- arouse his interest in the product
- inform him about its availability; and
- Inform him as to how is it different from others.

It is thus a persuasive communication and also serves as a reminder.



A firm uses different tools for its promotional activities which are as follows:

- Advertising
- Publicity
- Personal selling
- Sales promotion [5]

The World Health Organization defines drug promotion as including: "all informational and persuasive activities by manufacturers and distributors, the effect of which is to induce the prescription, supply, purchase and/or use of medicinal drugs [9]."

The table below provides an overview of the key promotion methods used to target doctors:

Туре	Examples
Pharmaceutical	Brochures
Advertisements	Sponsored articles
	Internet
	<ul> <li>Sponsored journals subscription or textbooks</li> </ul>
Personal Selling	<ul> <li>Visits by medical representatives</li> </ul>
	<ul> <li>Sponsored events with "key opinion leaders" in the field. Most of</li> </ul>
	the time, these company sponsored guest speakers use presentation
	slides provided by the company for their talk.
Trade promotion	• Gifts
	Gimmicks and incentive schemes based on number of prescriptions
	Product samples
Sponsorship	Academic activities
	Symposiums
	Exhibition booths
	Registration fees
	Tutoring sessions
	Journal clubs
	<ul> <li>Free textbooks and journal subscriptions</li> </ul>
	Non-academic activities
	Entertainment
	Excursions
	Travelling expenses
	• Meals
	Family-related activities
	· Donations or support for facilities used in offices i.e. fax machine,
	printer, furniture, etc.
	• CASH

The aim of drug promotion is to persuade people to buy more drugs and/or to pay higher prices. This is done by increasing the perceived value of the drug via one or more of several approaches including:

- Increasing the perceived frequency and/or severity of the indications.
- Widening the indications to include more people.
- Increasing the perceived likelihood and magnitude of benefits.
- Decreasing the perceived likelihood and magnitude of harms.
- Increasing the use of the drug for longer durations [6].

# **CONCLUSION**

With the advent of fast technology and scientific advancement life become stressful due to changes takes place in daily lifestyle, less physical work, changing in food habit, work load stress on the body which get expressed in the form of mental and physical disorders like frequent headache, constipation, allergy, common cold, backache, acidity, and fatigue etc. which people are trying to manage with the use of Over the Counter (OTC) medicines. Self-medication using OTC medicines represent the growing movement toward medical self-care and hence Pharmaceutical companies need to focus on their marketing and strategic planning segment. The pharmaceutical companies plan marketing strategies through which they deliver the value to the customer. There are various factors affecting the consumer preference towards a specific OTC brand which pharmaceutical marketers need to identify. Major parameters that should be taken under consideration while designing promotional strategies are Product, Place, Price and Promotion. So designed marketing strategy would allow pharmaceutical business units to attain its marketing objectives.

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