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# **Knowledge, Attitude, Acceptance, and Perceived Risks of COVID-19 Vaccines among Pregnant Women: Findings and Implications**

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#### Abstract

# **Original Research Article**

Introduction: COVID-19 vaccines are essential in reducing symptoms and severity of the disease as well as preventing infection with COVID-19. Vaccination of pregnant women against COVID-19 has been recommended globally. In Zambia, there is a paucity of information on the knowledge, attitude, acceptance, and perceived risks of COVID-19 vaccines among pregnant women. Therefore, this study assessed the knowledge, attitude, acceptance, and perceived risks of COVID-19 vaccination among pregnant women attending antenatal care at Women and Newborn Hospital (WNH) of the University Teaching Hospitals (UTHs) in Lusaka, Zambia. Methods: This was a descriptive crosssectional study conducted from August 2023 to October 2023 among 300 pregnant women attending antenatal care at Women and Newborn Hospital in Lusaka, Zambia. Data were collected using a structured questionnaire and analysed using Statistical Package for Social Science (SPSS) version 23.0. The Chi-square test was used to test the relationship between the dependent and independent variables. The statistical significance was at a 95% confidence level. Results: Of the 300 participants, 186 (62.0%) were aged between 24 and 34 years and 185 (61.5%) were aware that the COVID-19 vaccine was recommended in pregnancy. Overall, 284 (94.7%) had good knowledge, 258 (86.0%) had a positive attitude, and 186 (62.0%) were vaccinated. Additionally, 20 (17.5%) who were not vaccinated were willing to be vaccinated. Furthermore, most of the participants felt that COVID-19 vaccines were safe to use in pregnancy. The results show a lower vaccine acceptance compared to the knowledge and attitude levels. Having good knowledge and a positive attitude was associated with education status ( $X^2$ =33.011, p=0.001 for knowledge level) and ( $X^2$ =9.132, p=0.029 for attitude level). Conclusion: This study found that pregnant women attending antenatal care at WNH had good knowledge, positive attitudes, good perceptions, and high acceptance of COVID-19 vaccines. The results of this study provide benefits to the healthcare system regarding the knowledge, attitude, acceptance, and perceived risks of COVID-19 vaccination among pregnant women. Additionally, the results provide useful information that may help to develop and implement strategies to educate pregnant women on the benefits of vaccinations and address vaccine hesitancy among hesitant women.

**Keywords:** Attitude; COVID-19 vaccines; knowledge, pregnant women; vaccine acceptance; vaccine hesitancy; Zambia.

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# **INTRODUCTION**

The severe acute respiratory syndrome coronavirus 2 (SARS-COV-2) has been identified as the causative agent responsible for the highly contagious disease known as COVID-19 [1, 2]. The initial cases of

the viral infection were reported in Wuhan City, China in December 2019 [3]. The World Health Organization (WHO) declared the pandemic a global threat on March 11, 2020 [4]. The pandemic resulted in a significant number of deaths and morbidity worldwide, with close

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to two hundred million deaths reported globally [3]. The pandemic also had a profound impact on mental health, leading to anxiety, depression, and post-traumatic stress disorder in many individuals [4, 5]. Efforts have been made to develop safe and effective vaccines to combat COVID-19 [3].

The low levels of COVID-19 vaccine knowledge, attitude, acceptance, and uptake have been associated with concerns about the vaccine's adverse effects, compounded by perceptions of its safety and benefits [5–7]. This problem has been worsened by perceived vaccine safety and benefits [8]. Vaccine hesitancy is very prevalent among pregnant women [8]. Notably, COVID-19 vaccine trials for pregnant women had lagged behind those for the general population, exacerbating safety concerns in this specific group [7, 9]. Uncertainties about the virus's effects during pregnancy significantly impact pregnant women's decisions regarding COVID-19 immunisation, which causes hesitation about vaccination [8, 10, 11]. It is imperative to comprehend vaccination behaviour and hesitancy, particularly among pregnant women, to address these concerns and improve vaccine uptake [8, 12].

Due to their concerns about infertility and mortality, pregnant women's reluctance to receive the COVID-19 vaccines is a serious concern [13]. They also believe that the vaccines are unsafe for their unborn children, unnecessary because they already have immunity, and potentially harmful [14–16]. Poor experiences with the healthcare system and widespread mistrust of governments, particularly in Africa, further exacerbate this hesitancy and foster a climate that encourages vaccine reluctance [17, 18].

Studies in sub-Saharan Africa (SSA) have shown a low acceptance of COVID-19 vaccines among pregnant women [19, 20], similar to other populations [21]. For instance, a scooping review reported an acceptance rate of 14.4 % up to 28% [19]. The low acceptance of COVID-19 vaccines in the SSA region has been attributed to be due to misinformation about the vaccines [22].

In Zambia, some studies on COVID-19 vaccine awareness, acceptance and hesitancy have been done among healthcare workers [23], pharmacy students [24], adolescents and youths [25, 26], and the general population [27]. Additionally, a study reported on COVID-19 infections among pregnant women in Zambia [28], however, there is little information regarding the knowledge, attitude, acceptance, and perceived risks of the COVID-19 vaccines among pregnant women attending antenatal care in healthcare facilities in Zambia. Therefore, this study aimed to assess the knowledge, attitude, acceptance, uptake, and perceived risks among pregnant women attending antenatal at the University Teaching Hospitals (UTH) in Zambia.

### **MATERIALS AND METHODS**

# Study Design, Site, and Period

This was a descriptive cross-sectional study that was conducted from August 2023 to October 2023 among pregnant women attending antenatal care at the University Teaching Hospital (UTH) in Lusaka. The UTH is a national referral hospital situated in Lusaka, Zambia. This site was chosen because it is where most pregnant women and postnatal mothers go for their antennal and postnatal care in Lusaka. To be eligible, every pregnant woman was to provide informed and written consent. The study excluded all pregnant women who were on referral to the University Teaching Hospitals and those who did not consent to participate in the study.

#### Sample Size Determination and Sampling Criteria

The sample size was determined using Cochran's formula as reported by Charan and Biswas [29]. We used a 95% confidence level (z=1.96) and a margin of error of 5% (0.05). Additionally, with no previous study to obtain a prevalence value from, we used a conservative prevalence of 50% and obtained a sample size of 384. This study utilised a simple random sampling method to select the participants.

#### **Data Collection Tool**

A data collection tool was adapted from recent studies on COVID-19 vaccine knowledge, attitude, acceptance, uptake and perceived risks [30, 31]. The questionnaire contained closed-ended questions and comprised four sections, namely; Section A: Sociodemographic information, Section B: Participant's Knowledge and Attitude on COVID-19 vaccines, Section C: Participant's Acceptance and Uptake of COVID-19 vaccine, Section D: Participant's perceived risks of COVID-19 vaccines.

#### **Statistical Analysis**

The Questionnaires were double-checked for accuracy by the field supervisor to ensure there were no errors. The data were then entered and cleaned in Microsoft Excel and then exported to Statistical Package for Social Sciences (SPSS) version 23 for statistical analysis. Subsequently, the analyzed data was presented in tables and charts. In the analysis, each correct answer carried one point and each wrong or "I don't know" carried zero points [32–35]. Knowledge questions were five, translating into a total score of 5, while the attitude questions were four, translating into a score of 4. After calculating the knowledge and attitude scores, participants who scored 60% and above were considered to have good knowledge and those who scored 50% and above were considered to have a positive attitude as classified by studies elsewhere [32, 33, 35]. Crosstabulation with Fisher's exact test and Chi-square was used to determine the relationship between participants' sociodemographic characteristics and their knowledge and attitude towards the COVID-19 vaccine. All statistical significance of the findings was conducted at a 95% confidence level (p=0.05).

# Ethical approval

Ethical approval was sought from the University of Zambia Health Sciences Research Ethics Committee (UNZAHSREC) with a protocol approval number of 202301270011. This study was a questionnaire-based study in which there was a direct or physical interaction with the participants. The objectives of the study were explained to the participants in the information sheet and consent form, and participation was voluntary. All information that was collected was kept confidential and restricted to the investigators only. Questionnaire coding (for anonymity purposes) was used to avoid collecting participants' names. There were no direct benefits for being a participant in that no payments were given to the participants. Nevertheless, this information is highly beneficial to Zambian policymakers in initiating and implementing vaccination programs among pregnant women, especially when faced with epidemics such as the COVID-19 pandemic.

# **RESULTS**

# Sociodemographic Characteristics of Study Participants

Of the 300 participants recruited, it was found that the majority were aged between 25-34 years old [186 (62.0%)] and married [248 (82.7%)]. Additionally, it was found that most participants stayed in urban areas, reached the secondary level, and were employed representing 268 (89.3%), 170 (56.6%) and 192 (64.0%), respectively. The details of the participant's sociodemographic characteristics are presented in Table 1.

| Variables               | Attribute    | Frequency | Percentage | p-value |
|-------------------------|--------------|-----------|------------|---------|
| Age                     | 18-24        | 28        | 9.3        | 0.001   |
|                         | 25-34        | 186       | 62.0       |         |
|                         | 35≥          | 86        | 28.7       |         |
| Marital status          | Married      | 248       | 82.7       | 0.001   |
|                         | Unmarried    | 52        | 17.3       |         |
| <b>Residential area</b> | Rural        | 32        | 10.7       | 0.001   |
|                         | Urban        | 268       | 89.3       |         |
| Educational status      | No education | 2         | 0.7        | 0.001   |
|                         | Primary      | 15        | 5.0        |         |
|                         | Secondary    | 170       | 56.6       |         |
|                         | Tertiary     | 113       | 37.7       |         |
| Employment status       | Employed     | 192       | 64.0       | 0.001   |
|                         | Unemployed   | 108       | 36.0       |         |

| Table 1: Sociod | lemographic C | haracteristics | of Particip | ants |
|-----------------|---------------|----------------|-------------|------|
|                 |               |                |             |      |

#### Knowledge and Attitude of Participants on COVID-19 Vaccines

Most participants [294 (98.0%)] had heard about the COVID-19 vaccine; 185 (61.5%) were aware that the COVID-19 vaccine was recommended during pregnancy; and 199 (66.3%) were willing to be vaccinated without any fear. However, 180 (60.0%) felt that there was less information on the COVID-19 vaccine in pregnancy and 201 (67.0%) felt that the vaccine has side effects. The details of the participants' knowledge and attitude on the COVID-19 vaccine are presented in Table 2.

| Knowledge questions                                     | Attribute  | Frequency | Percentage | p-value |
|---|------------|-----------|------------|---------|
| 1. Have you heard about the COVID-19 vaccine?           | Yes        | 294       | 98.0       | 0.001   |
|   | No         | 6         | 2.0        |         |
| 2. Are you aware that COVID-19 vaccines are             | Yes        | 185       | 61.7       | 0.001   |
| recommended during pregnancy?                           | No         | 115       | 38.3       |         |
| 3. Do you think it is important for everyone to get the | Yes        | 267       | 89.0       | 0.001   |
| COVID-19 vaccine, including women?                      | No         | 33        | 11.0       |         |
| 4. Do you think there is adequate safety information on | Yes        | 114       | 38.0       | 0.001   |
| COVID-19 vaccines in pregnancy?                         | No         | 180       | 60.0       |         |
|   | Don't know | 6         | 2.0        |         |
| 5. Do you think the use of COVID-19 vaccines has side   | Yes        | 201       | 67.0       | 0.001   |
| effects?  | No         | 88        | 29.3       |         |
|   | Don't know | 11        | 3.7        |         |
| Attitude questions                                      |            |           |            |         |
| 6. Taking the COVID-19 vaccine is important for our     | Yes        | 257       | 85.7       | 0.001   |
| health.   | No         | 34        | 11.3       |         |

#### Table 2: Knowledge and Attitude of Participants on the COVID-19 Vaccines

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|    | Knowledge questions                                     | Attribute  | Frequency | Percentage | p-value |
|----|---|------------|-----------|------------|---------|
|    |   | Don't know | 9         | 3.0        |         |
| 7. | I will take the COVID-19 vaccine without any fear.      | Yes        | 199       | 66.3       | 0.001   |
|    |   | No         | 101       | 33.7       |         |
| 8. | I will encourage my family/friends to take the COVID-19 | Yes        | 243       | 81.0       | 0.001   |
|    | vaccine.  | No         | 56        | 18.7       |         |
|    |   | Don't know | 1         | 0.3        |         |
| 9. | I support the current recommended COVID-19 vaccine      | Yes        | 257       | 85.7       | 0.001   |
|    | campaigns and programs.                                 | No         | 41        | 13.7       |         |
|    |   | Don't know | 2         | 0.7        |         |

# 4.1.3 Acceptance and Uptake of COVID-19 Vaccines among Participants

Most participants [186 (62.0%)] were vaccinated against COVID-19, compared to those who were not vaccinated [114 (38%)]. Of the unvaccinated pregnant women, only 17.5% (n = 20) were willing to be

vaccinated. However, 196 (65.3%) felt that the vaccine was beneficial for a pregnant woman and 188 (62.7%) felt that the vaccine was as safe as the older vaccines. The details of participants' acceptance and uptake of the vaccine COVID-19 are shown in Table 3.

| Ac | Acceptance and uptake questions                           |            | Frequency | Percentage | р-    |
|----|---|------------|-----------|------------|-------|
|    |   |            |           |            | value |
| 1. | Are you vaccinated against COVID-19?                      | Yes        | 186       | 62.0       | 0.001 |
|    |   | No         | 114       | 38.0       |       |
| 2. | If not, are you willing to be vaccinated against COVID-   | Yes        | 20        | 17.5       | 0.001 |
|    | 19?   | No         | 94        | 82.5       |       |
| 3. | How many COVID-19 vaccine doses have you received?        | 0          | 114       | 38.0       | 0.006 |
|    |   | 1          | 74        | 24.7       |       |
|    |   | 2          | 112       | 37.3       |       |
| 4. | Getting vaccinated during pregnancy is a benefit for      | Yes        | 196       | 65.3       | 0.001 |
|    | pregnant women.   | No         | 75        | 25.0       |       |
|    |   | Don't know | 29        | 9.7        |       |
| 5. | Do you think that these vaccines are as safe as the older | Yes        | 188       | 62.7       | 0.001 |
|    | ones?   | No         | 73        | 24.3       |       |
|    |   | Don't know | 39        | 13.0       |       |

### Table 3: Acceptance and Uptake of COVID-19 Vaccines among Participants

# Over all Knowledge and Attitude of Participants on COVID-19 Vaccines

Most participants [284 (94.7%)] had good knowledge and 258 (86.0%) had a positive attitude towards COVID-19 vaccines. Most of the pregnant women who had good knowledge and positive attitudes were aged between 25 and 34 years.

# Perceptions of Participants Regarding COVID-19 Vaccines

Most participants [215 (71.7%)] felt that the vaccine is safe and does not cause infertility; 182 (60.75%) felt that the vaccine is not harmful during pregnancy; and 176 (58.7%) felt that the vaccines in Africa were the same as those in Europe. The details of the participant's perceptions regarding COVID-19 vaccines are presented in Table 4.

| Pe | rception questions                                      | Attribute  | Frequency | Percentage | p-value |
|----|---|------------|-----------|------------|---------|
| 1. | The vaccine is not safe and causes infertility          | Yes        | 41        | 13.7       | 0.001   |
|    |   | No         | 215       | 71.7       |         |
|    |   | Don't know | 44        | 14.7       |         |
| 2. | The vaccine is harmful during pregnancy                 | Yes        | 71        | 23.7       | 0.001   |
|    |   | No         | 182       | 60.7       |         |
|    |   | Don't know | 47        | 15.7       |         |
| 3. | The vaccines in Africa are less effective than vaccines | Yes        | 80        | 26.7       | 0.001   |
|    | available in Europe                                     | No         | 176       | 58.7       |         |
|    |   | Don't know | 44        | 14.7       |         |

### Table 4: Participants COVID-19 Vaccine Perception

#### Relationship between Participant's Sociodemographic Characteristics and Level of Knowledge on COVID-19 Vaccines

There was no statistically significant relationship between knowledge and the participant's age (p=0.501), marital status (p=0.746), residential area

(p=0.683) and employment status (p=0.286) (Table 7). Intriguingly, there was a statistically significant relationship between education status and knowledge (p=0.001) (Table 5), meaning that knowledge levels were dependent on the participant's educational status.

| Table 5: Shows a Correlation between Participant's Sociodemographic Characteristics and level of Knowledge on |
|---|
| COVID-19 Vaccines   |

| Variable  | Characteristics    | Attributes   | Good        | Poor      | $X^2$  | p-value |
|-----------|--------------------|--------------|-------------|-----------|--------|---------|
|           |                    |              | n (%)       | n (%)     |        |         |
| Knowledge | Age                | 18-24        | 25 (8.33)   | 3 (1.00)  | 2.038  | 0.501   |
|           |                    | 25-34        | 178 (59.33) | 8 (2.67)  |        |         |
|           |                    | 35≥          | 81 (27.00)  | 5 (1.67)  |        |         |
|           | Marital status     | Married      | 235 (78.33) | 13 (4.33) | 0.024  | 0.746   |
|           |                    | Unmarried    | 49 (16.33)  | 3 (1.00)  |        |         |
|           | Residential area   | Urban        | 254 (84.67) | 14 (4.67) | 0.060  | 0.683   |
|           |                    | Rural        | 30 (10.00)  | 2 (0.67)  |        |         |
|           | Educational status | No education | 1 (0.33)    | 1 (0.33)  | 33.011 | 0.001   |
|           |                    | Primary      | 10 (3.33)   | 5 (1.67)  |        |         |
|           |                    | Secondary    | 160 (53.33) | 10 (3.33) |        |         |
|           |                    | Tertiary     | 113 (37.67) |           |        |         |
|           | Employment status  | Employed     | 184 (61.33) | 8 (2.67)  | 1.438  | 0.286   |
|           |                    | Unemployed   | 100 (33.33) | 8 (2.67)  |        |         |

#### Relationship between Participant's Sociodemographic Characteristics and Level of Attitude toward COVID-19 Vaccines

Cross-tabulation with a Chi-square and Fisher exact test was done to determine the relationship between participants' sociodemographic characteristics and their attitude levels towards COVID-19 vaccines. There was no relationship between the participant's age, marital status, residential area and employment status with attitude levels since their p-values were all above 0.05 showing that attitude levels were independent of these characteristics. However, a significant association was observed between educational status and attitude levels, with a p-value of 0.029, indicating that attitude levels were dependent on participants' educational status. The detailed correlation between participants' sociodemographic characteristics and their attitude levels toward COVID-19 vaccines is presented in Table 6.

| Table 6: Shows a Correlation between Participant's Sociodemographic Characteristics and level of Attitude |
|---|
| toward COVID-19 Vaccines  |

| Variable | Characteristics    | Attributes   | Positive    | Negative   | $X^2$ | p-value |
|----------|--------------------|--------------|-------------|------------|-------|---------|
|          |                    |              | n (%)       | n (%)      |       |         |
| Attitude | Age                | 18-24        | 22 (7.33)   | 6 (2.00)   | 3.264 | 0.202   |
|          |                    | 25-34        | 165 (55.00) | 21 (7.00)  |       |         |
|          |                    | 35≥          | 71 (23.67)  | 15 (5.00)  |       |         |
|          | Marital status     | Married      | 212 (70.67) | 36 (12.00) | 0.317 | 0.666   |
|          |                    | Unmarried    | 46 (15.33)  | 6 (2.00)   |       |         |
|          | Residential area   | Urban        | 234 (78.00) | 34 (11.33) | 3.600 | 0.100   |
|          |                    | Rural        | 24 (8.00)   | 8 (2.67)   |       |         |
|          | Educational status | No education | 2 (0.67)    | 0 (0.00)   | 9.132 | 0.029   |
|          |                    | Primary      | 9 (3.00)    | 6 (2.00)   |       |         |
|          |                    | Secondary    | 146 (48.66) | 24 (8.00)  |       |         |
|          |                    | Tertiary     | 101 (33.67) | 12 (4.00)  |       |         |
|          | Employment status  | Employed     | 165 (55.00) | 27 (9.00)  | 0.002 | 1.000   |
|          |                    | Unemployed   | 93 (31.00)  | 15 (5.00)  |       |         |

# **DISCUSSION**

To the best of our knowledge, this was the first study to assess the knowledge, attitude, acceptance, uptake, and perceived risks concerning COVID-19 vaccines among pregnant women attending antenatal care at UTH in Lusaka, Zambia. We found good knowledge, positive attitudes, high acceptance, and good perceptions regarding COVID-19 vaccines among pregnant women.

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This study found that most pregnant women (94.7%) had good knowledge of COVID-19 vaccines. Having good knowledge about COVID-19 vaccines was associated with a higher educational level. These findings are similar to those reported in a study in India that found good knowledge (97.2%) [36], although slightly higher than what was found in the present study. The knowledge reported in our study was higher than that in a study in Indonesia which reported low-good knowledge (55.5%) [37]. Consequently, similar studies reported poor knowledge of COVID-19 vaccines among pregnant women, with a study in Saudi Arabia having reported 63% poor knowledge and 81.12% poor knowledge in Northwest Ethiopia [6, 35]. These differences could be because the current study was conducted later compared to the one done in Saudi Arabia and Ethiopia which were conducted at a time when there was little information about COVID-19 vaccines.

Our study further revealed that most of the pregnant women (86%) had a positive attitude towards the COVID-19 vaccines. Having a positive attitude towards COVID-19 was statistically significantly associated with educational status (p=0.029). Our findings are lower than the 92.7% positive attitude reported in a study in India but higher than the 60.6% reported in Indonesia [36, 37]. In contrast to our study findings, studies in Saudi Arabia and northwest Ethiopia reported 73% and 61.5% negative attitudes toward COVID-19 vaccination respectively [6, 35].

However, due to the high literacy rate, it was observed that most participants attended secondary and tertiary 283 (94.3%). This finding is in line with the study findings in India (99.6%) [36] and China [38]. Also, it was observed that most participants 268 (89.3%) stayed in urban areas. This could be the reason for finding good knowledge and a positive attitude since the participants can read and get firsthand information from any source of information due to their location and literacy levels.

Additionally, most participants 180 (60.0%) felt that there was inadequate safety information on COVID-19 vaccines in pregnancy which was similarly reported in studies that were done in Italy, Saudi Arabia and China [31, 39, 40]. The findings showed that after the introduction of COVID-19 vaccines in pregnancy in Zambia, 185 (61.7%) participants were aware of the benefits of vaccination. These observations were in line with the results from studies done in Barcelona, Spain, West Indies (78.3%) and Northwest Ethiopia (62.04%) [30, 35, 41]. However, a study that was done in China reported that most of the participants were unaware of the recommendations for the COVID-19 vaccine during pregnancy as compared to this study's findings [40].

Most participants, 201 (67.0%) felt that the vaccine had side effects, others reported feeling sick, and fatigued after receiving the vaccine which prevented

them from getting the second dose of the vaccine, 257 (85.7%) felt that the vaccine was important for their health, 199 (66.3%) would take the vaccine without any fear, 243 (81.0%) would encourage family/friends to take the vaccine, and 257 (85.7%) supported the current recommended COVID-19 vaccine campaigns and programs. However, in a study that was done in Cameroon, when asked whether they would accept a COVID-19 vaccine if it was available and offered today, 46% of participants responded "definitely no", 10% responded "definitely yes" and 44% responded "not sure" or "maybe" which is opposite to the findings of this study [42]. The difference in the findings was that most participants in the Cameroon study reported great uncertainty about vaccine safety during pregnancy, the impact of the vaccine on fertility, and vaccine efficacy and felt that the vaccines in Africa were less effective than those in Europe [42].

In this study, 186 (62.0%) were vaccinated against COVID-19. Of the 114 (38%) who were not vaccinated, 20 (17.5%) were willing to be vaccinated. The uptake of the vaccine among our study participants was higher than the one reported in Ethiopia in which only 14.4% of pregnant women were vaccinated against COVID-19 [43]. These findings on the acceptance of COVID-19 among pregnant women are in line with those that were reported from studies that were conducted in South Africa (63.3%) [44], Saudi Arabia (68%) [45], Southwest Ethiopia (70.7%) [46], Canada (57.5%) [47]. However, a global meta-analysis from 32 countries reported that about 54% of the participants accepted the uptake of the COVID-19 vaccines [48]. Although in a multi-methods study in the UK, participants who were pregnant at the time of the survey were more likely to oppose the idea of getting a COVID-19 vaccination while expecting a child, 62.1% of participants said they would unquestionably accept or were leaning towards accepting a future COVID-19 vaccine for themselves [49]. Low acceptance of the COVID-19 vaccine among pregnant women has been reported in France [16] with a 29.5% acceptance rate and in Sudan with a 2.7% acceptance rate [50]. Other low vaccine acceptance rates among unvaccinated pregnant women have been reported in other studies [42, 51]. The hesitancy to receive a COVID-19 vaccine among pregnant women has been due to fears of the vaccine being harmful to the fetus and a lack of safety information about the vaccine during pregnancy [16].

However, the low vaccine acceptance among unvaccinated participants was due to various factors, which included fear of the vaccine's safety, concerns about incomplete drug development and clinical trials, doubts regarding its effectiveness and potential harm to the fetus and pregnant women, as well as misconceptions about the vaccine being intended solely for African use and causing harm. Additionally, misinformation from social media about severe side effects, such as thrombosis, has contributed to vaccine hesitancy. The lack of side effects or fatalities among those who had received the COVID-19 vaccine, however, led some unvaccinated participants to express their willingness to receive it.

Additionally, a study that was done in 16 countries reported that among pregnant women, 52.0% intended to receive COVID-19 vaccination during their pregnancy if an efficacy of 90% was achieved [13]. COVID-19 vaccine acceptance level was above 80% for pregnant women in Mexico and India; and below 45% for the US, Australia and Russia [13]. Confidence in the safety or effectiveness of vaccines, concern over COVID-19, belief in the significance of vaccinations for one's nation, adherence to masking instructions, faith in public health organizations and health science, as well as attitudes toward routine vaccinations, were the strongest predictors of vaccine acceptance [13].

Most participants received 2 doses 112 (37.3%), 1 dose 74 (24.7%) and those that were not vaccinated 114 (38.0%) which was different from a study that was done in Saudi Arabia where 2 doses (14.6%), 1 dose (42.5%) and those that were not vaccinated (42.9%) [52] were reported.

In this study, the majority 196 (65.3%) felt that getting the vaccine during pregnancy was of benefit and 188 (62.7%) felt that the COVID-19 vaccines are as safe as the older ones. However, a study in Cameroon showed a persistent lack of acceptability where only 31% accepted to receive the COVID-19 vaccine as many participants cited concerns about vaccine safety [42]. Other reasons for the refusal to accept the COVID-19 vaccine were due to fear of side effects, the vaccine might be ineffective, the vaccine might turn into COVID-19, using other methods of COVID-19 prevention and the vaccine might affect my fetus according to a study that was done in Southwest Ethiopia [46]. In a study that was done in Canada, most participants cited the desire to protect themselves and their family members from COVID-19 disease, however, the most common reason for not accepting COVID-19 vaccination during pregnancy was a concern about the safety of the vaccine, for either self or fetus while others did not trust the vaccines in general [47].

The current study found that most participants felt that the COVID-19 vaccines were safe and did not cause infertility. Additionally, 182 (60.7%) participants felt that COVID-19 vaccines were not harmful during pregnancy and 176 (58.7%) of the participants felt that the COVID-19 vaccines in Africa were as effective as those in Europe. A study in Cameroon reported that most participants expressed uncertainty about vaccine efficacy (55%), vaccine safety during pregnancy (61%), the impact of vaccination on fertility (73%), and whether the vaccine could cause fetal harm during pregnancy (31%). However, most of the participants in Cameroon felt that the COVID-19 vaccines that would be developed in Africa would be more effective and they could agree to be vaccinated than those manufactured outside of Africa [42]. Consequently, 85% of pregnant women in Cameron felt that COVID-19 vaccines that were available in Africa were less effective than those available in Europe [42]. Another study in Japan reported that potential negative effects on the fetus (85.3%), adverse reactions at the time of injection (83.6%), anxiety about potential negative effects on the breastfed infant (67.6%), and the trustworthiness and reliability of the vaccine (49.1%) were concerns of participants towards COVID-19 vaccination [53].

However, the differences in our study findings with other study findings might be due to the difference in the study period between this study and that of others. Also, the possible justification might be that since most of our study participants stay in urban areas where there is exposure to different social and mass media platforms; it is easy to have access to information concerning COVID-19 vaccines and their benefits.

We believe that to enhance the acceptance and uptake of COVID-19 vaccines, governments and health authorities must strengthen educational activities and awareness campaigns on the benefits of being vaccinated.

We are aware that our study had some limitations. This study was conducted at one healthcare facility in Zambia. Hence, the generalization of the findings must be done with caution. However, our study findings are significant as they focus on a vulnerable population of pregnant women whose use of medicines and vaccines must be monitored carefully.

#### **CONCLUSION**

This study demonstrated that pregnant women attending antenatal care at WNH had good knowledge, positive attitudes, high acceptance, and goods of COVID-19 vaccines. Consequently, the acceptance of the COVID-19 vaccines among pregnant women was slightly lower compared to their knowledge and attitude scores. This study found that knowledge and attitude levels were dependent on the educational status of participants. However, there is a need to provide sensitisation programs on social and mass media targeted at pregnant and non-pregnant women with an emphasis on safety information on COVID-19 vaccines and their benefits in pregnancy, especially among the vaccinehesitant women.

|      | A COLLECTION TOOL   |                     |
|------|---|---------------------|
| Part | I: Sociodemographic characteristics of pregnant women                                   |                     |
| SN   | Questions   | Answers/choice      |
| 1    | Age   | 18-24               |
|      |   | 25-34               |
|      |   | 35≥                 |
| 2    | Marital status  | Married             |
|      |   | Unmarried           |
| 3    | Residential Area  | Urban               |
|      |   | Rural               |
| 4    | Educational status  | No formal education |
|      |   | Primary education   |
|      |   | Secondary and above |
| 5    | Employment status   | Employed            |
|      |   | Unemployed          |
| Part | II: Knowledge and attitude questions about the COVID-19 vaccine [circle the correct     | answer]             |
| 1    | Have you ever heard about the COVID-19 vaccine?   | 1. Yes 2.No         |
| 2    | Are you aware that COVID-19 vaccines are recommended during pregnancy?                  | 1. Yes 2.No         |
| 3    | Do you think it is important for everyone to get the COVID-19 vaccine, including women? | 1. Yes 2.No         |
| 4    | Do you think there is adequate safety information on COVID-19 vaccines in pregnancy     | 1. Yes 2.No         |
| 5    | Do you think the use of COVID-19 vaccines has side effects?                             | 1. Yes 2.No         |
| 6    | Taking the COVID-19 vaccine is important for our health.                                | 1. Yes 2.No         |
| 7    | I will take the COVID-19 vaccine without any fear.                                      | 1. Yes 2.No         |
| 8    | I will encourage my family /friends to take the COVID-19 vaccine.                       | 1. Yes 2.No         |
| 9    | I support currently recommended COVID-19 vaccine campaigns and programs.                | 1. Yes 2.No         |
| Part | III: acceptance and uptake questions about the COVID-19 vaccine[circle the correct a    | answer]             |
| 1    | Are you vaccinated against COVID-19?  | 1. Yes 2. No        |
| 2    | If not, are you willing to take the COVID-19 vaccine?                                   | 1. Yes 2. No        |
| 3    | How many COVID-19 vaccine doses have you received?                                      | 1. One dose         |
|      |   | 2. Two doses        |
| 4    | Are you willing to get the COVID-19 vaccine?  | 1. Yes 2. No        |
| 5    | Getting vaccinated during pregnancy is a benefit for the pregnant woman                 | 1. Yes 2. No        |
| 6    | Do you think that these vaccines are as safe as older ones?                             | 1. Yes 2. No        |
| Part | IV: COVID-19 vaccine perceptions  |                     |
| 1    | The vaccine is not safe and causes infertility  | 1. Yes 2.No         |
| 2    | The vaccine is harmful during pregnancy   | 1. Yes 2.No         |
| 3    | The vaccines in Africa are less effective than vaccines available in Europe             | 1. Yes 2.No         |

# ATA COLLECTION TOOL

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