

# How Emotional Maturity Plays an Important Role in the Effectiveness of Teacher

Dr. Mohammed Shafiuddin<sup>1\*</sup>

<sup>1</sup>Oman College of Management and Technology, J2PQ+9HM, مسقط, Oman

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\*Corresponding author: Dr. Mohammed Shafiuddin

Oman College of Management and Technology, J2PQ+9HM, مسقط, Oman

## Abstract

## Review Article

In the education field the quality of the educational program depends on the effectiveness of teaching. So teacher is one of the important tool in the whole teaching and learning process. Hence teacher's emotional maturity plays an important role on the teaching. An emotionally matured teacher has a capacity to make effective adjustment with himself and with his students. This study was done on 300 teachers of Adilabad and Karimnagar districts of Telangana state in India. The main tools used for this research is The Emotional Maturity Scale was developed by Singh and Bhargava (1991). This self-report tool consists of 48 items, which measure five dimensions: The responses are made on a 5-point scale, ranging from Never (1) to Always (5). The higher the score, the less emotionally mature the respondent is; the lower the total, the greater emotional maturity.

**Keywords:** Quality, Emotionally matured, EMS and Self report.

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## OBJECTIVES

1. Find out the relationship between the teachers emotional maturity of teachers and effectiveness of their teaching
2. Comparing Teaching Effectiveness of Emotionally matured people and emotionally immature people

## Hypothesis

1. There is a significant difference between emotionally matured and immature people with comparison to their teaching skills.
2. There is no difference between mature and immature gender wise teachers
3. Different gender teachers do not differ with respect to emotional maturity

## Sample

The sample consists of 300 teachers (175 Male and 125 Female) belonging to the different agencies of schools in Adilabad and Karimnagar Districts of Telangana State in India. Basing on the emotional maturity scale the whole sample was divided in to two groups. i.e Mature and Immature.

## Tools

Emotional Maturity is measured by the Emotional Maturity Scale was developed by Singh and Bhargava (1991). The higher the score, the less emotionally mature the respondent is; the lower the total, the greater emotional maturity.

## RESULTS

1. Table of the EMS of Different Genders

Variable	N	Emotional Maturity		t- value
		Mean	S.D	
Male	175	88.47	78.25	5.48
Female	125	78.22	69.75	

The above table shows that the value which obtained as a t value is 5.48 is significant at the desired results. So null hypothesis may not be considered. The

mean emotional maturity value of the male teachers is 88.47. So it is clear that female teachers are emotionally stable while male teachers are not stable.

**2. Table showing Mean, SD and t values related to immature teachers effectiveness of emotional**

Variable	N	Emotional Maturity		t- value
		Mean	S.D	
Male Teachers who are Emotionally Immature	95	280.25	20.50	1.07
Female Teachers emotionally Immature	75	290.75	19.75	

The above table shows that there is not much difference between teacher's effectiveness scores and female teachers mean. So the second hypothesis is

accepted. Both EM male and EM female teachers are almost same in their teaching.

**3. Table showing Mean, SD and t values related to mature teachers effectiveness of emotional**

Variable	N	Emotional Maturity		t- value
		Mean	S.D	
Male Teachers who are Emotionally Immature	80	290.50	20.50	1.25
Female Teachers emotionally Immature	50	301.25	19.75	

The above table shows that t value for difference between both gender teachers. Hence the teaching of both gender teachers immature nature falls down effectiveness of the value obtained.

**Findings**

1. The emotionally mature teachers is more effective than those of emotionally immature teachers.
2. The sex difference will not play any difference among the matured group in comparisons of teacher's effectiveness.

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