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# Exploration of Risk Factors Associated with Adolescent Alcohol Consumption using Cutting Edge Recursive Partitioning Techniques

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## **Driginal Research Article**

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**Abstract:** The purpose of this article is to explore and identify risk factors influencing drug use in school going adolescents aged 10 to 19 in a hilly state in the North-Eastern part of India. This article will explore the data collected from the National Institute of Health and Family Welfare, New Delhi, by using cutting edge Recursive Partitioning techniques such as Discriminant Analysis, Decision Tree Method, Artificial Neural Network and the Stochastic Gradient Boosting to build a predictive model. Out of 3069 randomly selected participants who undertook the Adolescent Reproductive and Sexual health (ARSH) questionnaire a subset have been used to form this data set. Utilization of Artificial Neural Network, Stochastic Gradient Boosting and the Random Forest models produce higher accuracy and classification in contrast to other measures. These models will be useful in the prediction of associated risk factors that contribute to adolescent alcohol consumption.

**Keywords:** Adolescents, Alcohol risk factors, Artificial Neural Networks, Decision Trees, Random Forest, Stochastic Gradient Boosting

## INTRODUCTION

Alcohol consumption among adolescents is becoming increasingly prevalent, and is causing serious life threatening complications on a global scale [1]. Studies have shown that underage drinking can significantly affect physiological and psychological development. In addition to these developmental effects, adolescents are more likely to engage in other detrimental behaviours such as illicit drug use, risky sexual behaviours, and victimisation [1].

These behaviours are more likely to manifest in those children and adolescents that consume alcohol at an earlier age. Studies that assess the risk factors that may significantly contribute to adolescent alcohol use, is providing useful frameworks for intervention programs [1].

Until recently, most studies on alcohol consumption have largely been conducted in developedwestern countries. Global research, however, is revealing that developing countries require more emphasis, India being of increasing concern, as the prevalence of alcohol consumption in this country has increased by 55% over the past two decades. Interventions are largely focused on deterring adolescent use by addressing the associated risk factors of alcohol consumption. Despite success in determining these factors in adults, complexity still remains in identifying risk factors in adolescence [1].

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Studies predominately approach the identification of associated risks factors for alcohol consumption based on two stages - factors that influence initiation, and facilitate ongoing use. Gopiram and Kishmore [2] focused on a study of users, and non-users, and elucidated that an individual's sense of curiosity, state of wellbeing, and their social network, are strong drivers that initiate alcohol consumption [2]. These results are reinforced in a study by Saddichha, Sinha, and Khess [3] that conducted research in patients recovering from alcohol addiction at a rehabilitation facility [3]. It was revealed that peer pressures, role models, and the nurturing environment contributed to the initiation phase of addiction. In terms of the continued addiction to alcohol, patients reported that their social network and other psychosocial contexts such as work, and traumatic past events, contributed to their ongoing use. The aforementioned studies provide insights into the emergent factors that influence adolescent alcohol use. A plethora of research demonstrates that the nurturing environment, and a family history of alcohol consumption are significant predictors of alcohol use in adolescence. Other psychosocial predictors include: peer substance abuse, the rate of change in societal structures, exposure to certain technologies, and parental methods employed [3].

A review of the literature demonstrates the ARSH dataset is best explored by the following categories: psychosocial and peer factors, demographic, socio-economic class, media exposure, and the use of alcohol, tobacco, and illicit drugs. As a scan of the literature reveals these factors as likely to contribute to alcohol consumption, there is an emerging concern to identify which of these variables contribute to adolescent alcohol use. These associated risks factors will be explored through the analysis of particular sub-sections of the ARSH data set.

There is now emphasis on creating predictive models that focus on these risk factors and these are explored in the data collection from the National Institute of Health and Family Welfare, New Delhi (NIHFW). This paper examines the variables that influence alcohol consumption in adolescence. This study includes the following research objectives:

- To examine and identify the main variables leading to alcohol consumption in adolescents.
- To create a model through percussive techniques that uses risks factors to measure the likelihood of alcohol consumption in adolescents.

## MATERIAL AND METHODS

Data collection was performed by the National Institute of Health and Family Welfare, New Delhi. The data set was generated by Tiwari et al. [4] using a questionnaire as part of a study on Adolescent Reproductive and Sexual Health (ARSH) in Mizoram, August 2012 [4]. Data was collected from 3069 randomly selected participants aged from 10 to 19 years from private, missionary and government schools across two locations (Aizawl and Champhai district), both serviced by ARSH Programs [4]. For the purpose of this study, various non-disruptive variations were made, reducing the data set to 3041 participants. The survey consisted of 121 questions and only 67 were found to be relevant and applicable for the analysis of report. The variables used in this report can be categorised into social, demographic and behavioural factors affecting adolescent alcohol consumption and can be seen below:

• Demographic: Sex, Age, Marital Status, Grade, Subject Stream, Type of Education, Primary language of Education, Part-Time Employment, Part- Time Earnings, Household Income and Type of Family.

- Substance Use & Frequency: Tobacco, Drugs (illicit and medicinal), and Alcohol Frequency
- Social Activity: Attending Party/Picnic, Substances Available, Leisure Activities, Pornography Usage
- Reasons for Substance Use
- Social/Peer Substance Use and Frequency
- Following predictive modelling techniques are applied to the above mentioned data set and their predictive power was obtained.

### Direct Logistic Regression

Logistic Regression is a commonly used technique to study the relationship of set variables to determine their predictive power and contribution in determining particular outcomes.

### **Discriminant Analysis (DA)**

The aims of DA are to develop a discriminate function that groups one or more continuous or binary independent variables as a measure of predicting the dependent variable.

### Artificial Neural Networks (ANN)

The Artificial Neural Networking (ANN's) has been the most widely used method of data mining application due to the ease of use, technological power and flexibility. ANN's models such MLP have a specific architectural map consisting of three primary layers: input, hidden, and output. The hidden layer is described as the middle component and is termed 'the activation function' as it operates to form complex linear relationships between the input and output layers [5].

### **Decision Trees**

The Decision Tree (DT) also known as a classification tree is a conventional statistical analysis technique which maps observations (predictor/independent variables) about an outcome or an item (target/dependent variable). Observations are represented as branches and target variables as leaves. This analyses tool allows for easy and effective algorithm interpretation [6]. The DT is built on three important components: (1) The selection of the splits, (2) The decisions when to declare a node terminal or to continue splitting it (3) The assignment of each terminal node to a class [7]. Decision trees have may properties and capable of handling variable selection, variable interaction detection, non-linear relationship detection, missing value and outlier handling etc.

### **Random Forest**

The Random Forest (RF) is an extension of the DT method. It uses a multitude of decision trees which resembles a 'forest-like' map that classifies an object.

Random forest algorithm consists of drawing a bootstrap sample and then fitting a large CART tree to this bootstrap sample which is unpruned. At each split in the tree we consider only limited number of randomly selected variables. These steps are repeated 200-500 times and finally we average the predictions to predict a new record. Random forests have superior predictive performance over CART trees and have lower variance as compared to a single CART tree. All the properties of DT are inherited in random forest. However, they are not as interpretable as a single CART tree. The performance of RF depends on number of trees and random number of variables chosen at each split. One method to interpret Random Forest is through variable importance which is done by computing variable importance score in each CART tree in the forest and then taking the average of the values for each variable.

### Stochastic Gradient Boosting (Using TreeNet)

The Stochastic Gradient Boosting method using TreeNet is a powerful data mining approach based on the DT process. The algorithm synthesises thousands of small decision trees that are built in a sequential error-correcting process to formulate an accurate model for regression and classification. Benefits of this model include: Automatic predictor selection, Resistance to outliers, Resistance to over fitting via a slow update process and compensatory mechanisms for data omissions [8].

#### RESULTS

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### Logistic Regression

Logistic Regression has been performed to determine the significant risk factors that lead to alcohol youth consumption. Of the independent variables 67 were analysed as shown in Appendix 1.1. Interpretation of the Omnibus Tests of Model Coefficients was considered first to assess the performance and "goodness of fit" of the model by addressing that the explained variance in the data is significantly greater than the unexplained variance. The Hosmer and Lemeshow test reinforced the performance of the model with a significance level greater than 0.05 (Appendix 1.2 and 1.3). In addition, the Cox & Snell and Nagelkerke pseudo R square statistics showed that between 74.3% and 100% of the variability is explained by this set of variables (Appendix 1.4). Inclusion of these tests provides adequate evaluation for model fitness and performance.

Table 1 below illustrates how well the model is able to forecast the correct category for each case. It seems for original observations model can correctly classify 92.5% observations. However, when we do the cross validation it classifies only 81.4% observations correctly.

Table-1: Logistic Regression Classification Table Classification								
		Alcoh Predicted Group Membership To						
		ol	ol Yes No					
Original	Count	Yes	924	214	1138			
-		No	12	1891	1903			
	%	Yes	81.2	19.8	100.0			
		No	0.7	99.3	100.0			
Cross-validated <sup>b</sup>	Count	Yes	832	306	1138			
No 258 1645								
% Yes 73.1 26.9 100.0								
		No	13.6	86.4	100.0			
a. 92.5% of original	l grouped ca	ses correctly	y classified.	·				
b. Cross validation	is done only	for those ca	ases in the analysis. In	n cross validation	n, each			
case is classified by	the function	ns derived fi	rom all cases other th	an that case.				
c81.4% of cross-v	alidated gro	uped cases	correctly classified.					

### Values shown in Appendix 1.1 which are less than 0.05 have been identified as significant. The significant variables consist of: age in months and friends consuming alcohol. The strongest predictor of adolescent alcohol consumption was friends consuming alcohol, with an odds ratio of 0.742. This result confirmed literature findings and indicated that adolescents who consumed alcohol were 0.742 times more likely to if they had friends consuming alcohol. The derived logistic regression equation for forecasting

adolescent alcohol consumption is modelled as the following:

Z= 213.329 - .299 (Friends Consuming Alcohol) - 0.697 (Age in Months)

The above regression model indicates that if the probability (z) is more than 0.5 we can be 95%confident that the risk factors are associated alcohol consumption in adolescents. If this probability is less

than this threshold we can be 95% confident that the variables are not associated with alcohol consumption

#### DISCRIMINANT ANALYSIS

The purpose of discriminant analysis is to predict risk factors that contribute to adolescent alcohol consumption. This method enables us to determine which independent variables are significantly influencing alcohol consumption and those independent variables which are not. The F ratios shown below in the table of Tests of Equality of Group Means (Appendix 2.1), shows fifty variables that significantly vary between the two groups at a 10% level of significance. Of these, drinking in general, use of tobacco products and the frequency of drinking alcohol were the most important independent variables to discriminate the functions.

Referring to Appendix 2.2 the Eigenvalue of 69.997 is responsible for 100% of the explained variance and how well the discriminant function differentiates the group. In this case, the discriminant function is a good fit for the data. The Canonical Correlation 0.993, the square root ( $0.993^2 = 98.6\%$ ) means that 98.6% of the variance is explained by group differences (Appendix 2.2). The Wilks' Lambda score of 0.014 with a p value = 0.00 (64 degrees of freedom) indicates that 1.4% of the total variance is not explained between the two groups (Appendix 2.3).

|--|

		Alcoh	Predicted Group	Total		
		ol	Yes	No		
Original	Count	Yes	900	238	1138	
		No	2	1901	1903	
	%	Yes	79.1	20.9	100.0	
		No	.1	99.9	100.0	
Cross-validated <sup>b</sup>	Count	Yes	790	348	1138	
		No	724	1179	1903	
	%	Yes	69.4	30.6	100.0	
No 38.0 62.0						
a. 92.1% of original	l grouped ca	ses correctly	classified.			
			uses in the analysis. In rom all cases other the		n, each	
c. 64.7% of cross-v						

The Standardized Canonical Discriminant Function table (Appendix 2.4) indicated that the two predictors are the following: friends taking drugs and alcohol in a social setting; and stress from study. These two factors contribute most in determining alcohol consumption in adolescents. The Structure Matrix (Appendix 2.5) has revealed that the frequency of alcohol and tobacco consumption are highly correlated with the discriminant function. The Functions at Group Centroids Table (Appendix 2.6) addresses how the two groups differ, the greater the difference between these values the less error there is in classification. The results reveal a high difference between groups making these classifications accurate.

The performance of the discriminant function is illustrated in the below Classification Results table 2. It indicates that 92.1% of original cases and 64.7% of cross-validated grouped cases were correctly classified.

### **Artificial Neural Networks**

Artificial Neural Network analysis was performed on the data set using the Multilayer Perceptron to synthesize a predictive model. The Case Processing summary (Appendix 3.1) showed that 1361 cases were assigned to the training sample and 585 were allocated to the testing sample. The most important independent variables in dictating adolescent alcohol use as shown in the Independent Variable Importance table (Appendix 3.2) are frequency of alcohol consumption and tobacco use with gender being considered least important.

As shown in the Classification Table 3 below, 100% of those adolescents not consuming alcohol were classified correctly. In contrast 98.6% (544 of 552) of cases were classified correctly for those consuming alcohol. As this model classifies more than 95% of the cases correctly it is considered a good model.

The training model has a propensity to inflate the classification rate and therefore the testing sample is used provide clarity. The results show that 98.7% sensitivity by correctly classifying 220 out of 223 adolescent participants as alcohol consumers. Of the adolescents that did not consume alcohol 360 out of 362 were classified correctly with 99.4% sensitivity. As a result, based on the testing sample 99.1% of cases were

classified correctly, indicating that this is a good model.

Classification						
Sample	Observed	Predicted				
		Yes	No	Percent		
				Correct		
Training	Yes	544	8	98.6%		
	No	0	809	100.0%		
	Overall Percent	40.0%	60.0%	99.4%		
Testing	Yes	220	3	98.7%		
	No	2	360	99.4%		
	Overall Percent	37.9%	62.1%	99.1%		
Dependent Var	iable: Alcohol					

Table-3: Artificial Neural Network Classification Tab	le
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#### **Decision Trees**

CART and CHAID were used as the growing methods to build the Decision Tree model. Sixty-seven independent variables were assigned for CART; however the pruning process refined the model to 5 significant independent variables (Figure 3) that influence alcohol consumption in descending order: frequency of alcohol, illicit drug use, legal medicinal drug use, frequency of tobacco use and peers taking drugs for fun. Below is a graphical representation (Figure 1) of the tree model which further supports current literature that adolescent alcohol use is a multifactorial issue that has several associated predictor variables.

The first decision node describes that if the frequency of alcohol use is less than 7, there is a 100% chance that the patient will not consume alcohol. If the frequency of alcohol use is greater than 7, there is a 97.5% probability of adolescents consuming alcohol and a 2.5% chance that participant will not engage in alcohol consumption. The remaining nodes represent the other significant variables in sequential order and describe the probability of alcohol consumption in adolescents.

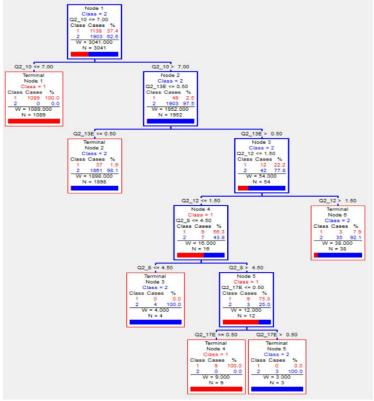


Fig-1: Decision Tree Using CART

The identified associated risk factors from the DT model largely reflect current literature findings on adolescent alcohol consumption. As shown in Figure 2 the model achieved a 72.52% specificity and 96.84%

sensitivity with an overall classification of 81.62%. As a result, the DT model is a valuable application in predicting risk factors associated with adolescent alcohol consumption.

Actual	Total	Percent	Predicted Classes		
Class	Class	Correct	1 N = 1625	2 N = 1416	
1	1,138	96.84%	1,102	36	
2	1,903	72.52%	523	1,380	
Total:	3,041				
Average:		84.68%			
Overall % Cor	rect:	81.62%			
Specificity		72.52%			
Sensitivity/Recall		96.84%			
Precision		67.82%			
F1 statistic	F1 statistic				

**Fig-2: Decision Tree Classification Table** 

Variable	Score	
Q2_10	100.00	
Q2_8	20.55	
Q2_7	20.54	
Q2_2A	18.42	
Q2_14	15.76	
Q2_13G	14.93	
Q2_12	1.21	
Q2_10 Q2_8 Q2_7 Q2_2A Q2_14 Q2_13G Q2_12 Q2_13E	0.74	
Q1_4	0.30	

Fig-3: Decision Tree Variable Importance

### **Random Forest**

As the Random Forest model is an extension of the DT process it was built using CART as its growing method. All independent 67 variables were assigned for CART, however only 12 remained post pruning. The significant variables included of the following: Frequency of alcohol use, Frequency of tobacco use, Exposure to alcohol at parties, The use of illicit drugs, The use of tobacco products, Exposure to pornographic material, Unknown sources of viewing pornographic material, Friends consuming alcohol, CD/DVD/Video as the source of viewing pornographic material, Party and picnic with friends, Gender, Taking illicit drugs for fun. The Variable Importance figure (Figure 4) below shows these significant variables in descending order. The model achieved 99.79% specificity and 96.13% sensitivity with an overall classification of 98.42% (Figure 5). This expansion from the DT method has identified 7 more significant variables without compromising accuracy. As the Random Forest model has the capabilities to accommodate large input data, it is a useful application for this large data set and is valuable in predicting risk factors associated with adolescent alcohol consumption.

Variable	Score	
Q2_10	100.00	
Q2_8 Q2_2A Q2_13G	11.17	
Q2_2A	9.67	
Q2_13G	6.90	
Q2_7	6.83	
Q2_14	6.72	
Q2_5	5.63	
Q2_6D	4.90	
Q2_11	3.98	
Q2_6A	3.28	
Q2_1	3.09	1
Q1_1	3.09	1

Fig-4: Variable Importance Random Forest

Actual	Total	Percent	Predicted Classes		
Class	Class	Correct	1 N = 1098	2 N = 1943	
1	1,138	96.13%	1,094	44	
2	1,903	99.79%	4	1,899	
Total:	3,041				
Average:		97.96%			
Overall % Cor	Overall % Correct:				
Specificity		99.79%			
Sensitivity/Recall		96.13%			
Precision		99.64%			
F1 statistic	F1 statistic				

Fig-5: Random Forest Classification Table

## Stochastic Gradient Boosting (Using TreeNet)

As the Stochastic Gradient Boosting model using TreeNet is an advancement of the DT process, CART was still used as its growing method. All independent 67 variables were assigned, however only 10 remained post pruning (Figure 6). The following significant variables included as shown in the Variable Importance figure below:

- -Frequency of alcohol use
- -The use of legal medicinal drugs
- Age
- -Breakups with boy/girlfriend as the rational for friends taking drugs
- -The use of illicit drugs for fun
- -Household/parents monthly income

- -Viewing pornographic material
- -Government or private schooling education
- -Leisure time spent with friends
- -Viewing of pornographic material through internet/mobile

The model demonstrates 99.89% specificity and 96.31% sensitivity with an overall classification of 98.55% (Figure 7). This application is more accurate than the DT method and has identified 5 more significant variables that contribute to adolescent alcohol consumption. The accuracy of these results is due to the capacity to handle large data sets without over fitting.

Variable	Score	
Q2_10	100.00	
Q2_10 Q2_12 Q1_4	6.38	
Q1_4	6.37	1
Q2_17A	6.08	1
Q2_13E	5.85	1
Q1_15	5.32	
Q2_5	4.37	1
Q1_8	4.10	1
Q1_15 Q2_5 Q1_8 Q2_3D	3.75	
Q2_6B	3.70	

Fig-6: Variable Importance Stochastic Gradient Boosting

Total	Percent	Predicted Classes			
Class	Correct	1 N = 1098	2 N = 1943		
1,138	96.31%	1,096	42		
1,903	99.89%	2	1,901		
3,041					
	98.10%				
rect:	98.55%				
Specificity					
Sensitivity/Recall					
Precision					
	98.03%				
	1,138 1,903 3,041 rect:	Class     Correct       1,138     96.31%       1,903     99.89%       3,041     98.10%       rect:     98.55%       999.89%     99.89%       scall     96.31%       999.82%     99.82%	Total Class     Percent Correct     1 N = 1098       1,138     96.31%     1.096       1,903     99.89%     2       3,041     98.10%     2       rect:     98.55%     2       99.89%     2     3       99.89%     9     2       98.10%     9     2       98.10%     9     2       99.89%     2     3		

Fig-7: Classification Table Stochastic Gradient Boosting

## Appendices

## Appendix 1 – Results and Interpretations for Logistic Regression Model

## Appendix 1.1

Variables in the Equation							
	В	S.E.	Wald	df	Sig.	Exp(B)	
Sex(1)	-32.207	2731.551	.000	1	.991	.000	
Martial Status(1)	-8.400	16153.245	.000	1	1.000	.000	
Area(1)	-15.960	1969.108	.000	1	.994	.000	
Age in Months	697	81.798	.000	1	.002	.498	
Religion			.000	4	1.000		
Religion(1)	25.291	289391.241	.000	1	1.000	96305888750.000	
Religion(2)	9.471	4794.892	.000	1	.998	12976.473	
Religion(3)	7.581	13248.780	.000	1	1.000	1960.522	
Religion(4)	122.561	22933.865	.000	1	.996	.000	
Standard of Studying			.001	4	1.000		
Standard of	-77.162	16447.079	.000	1	.996	.000	
Studying(1)							
Standard of	-51.284	7896.884	.000	1	.995	.000	
Studying(2)							
Standard of	-49.314	6232.879	.000	1	.994	.000	
Studying(3)							
Standard of	47.850	1975.651	.001	1	.981	604097591700000000000.000	
Studying(4)							

	,				
					.000
-69.747	5924.717				.000
		.000	2	1.000	
-10.900	4640.885	.000	1	.998	.000
.682	4774.741	.000	1	1.000	1.978
-10.224	6502.765	.000	1	.999	.000
3.825	2162.510	.000	1	.999	45.849
13.062	8165.673	.000	1	.999	470842.758
.014	2.485	.000	1	.996	1.014
		.000	2	1.000	
-9.868	4971.460	.000	1	.998	.000
-40.325	4024.177	.000	1	.992	.000
		.000	2	1.000	
10.910	4920,196		1		54700.818
-11.993	5062.069	.000	1	.998	.000
11.775	5002.009	.000		.,,,0	
000	056	000	1	993	1.000
					.011
					2157635.236
					.000
					23075373850000000000000000000000000000000
07.011	15111.075	.000	1	.990	2307337383000000000000000000000000000000
1 992	1002.017	000	1	000	.152
					.132 197157.768
					3507874532000000000000000000000000000000000000
-33.198	34/9.1/6	.000	1	.992	.000
0.550	1050 500	000			07.0
					.076
-10.971	1682.780		-		.000
111.601	40496.539	.000	1	.998	2.936E+48
70.691	40457.003	.000	1	.999	50192612220000000000000000000000000000000
					000
23.116	6643.386	.000	1	.997	10944379260.000
-61.887	76248.209	.000	1	.999	.000
		.000	5	1.000	
3.960	92098.295	.000	1	1.000	52.473
72.243	94314.743	.000	1	.999	2370781616000000000000000000000000
			-		0.000
20.057	92074.706	.000	1	1.000	3372967896000000.000
38.057					
38.057	92074.700	1000		11000	
-2.456	91893.514	.000	1	1.000	.086
	-93.948 -69.747 -10.900 .682 -10.224 3.825 13.062 .014 -9.868 -40.325 10.910 -11.993 .000 -4.540 14.585 -108.753 67.611 -1.883 12.192 51.912 -33.198 -2.573 -10.971 111.601 70.691 23.116 -61.887 3.960	-93.948     7504.221       -69.747     5924.717       -10.900     4640.885       .682     4774.741       -10.224     6502.765       3.825     2162.510       13.062     8165.673       .014     2.485       -9.868     4971.460       -40.325     4024.177       10.910     4920.196       -11.993     5062.069       .000     .056       -4.540     1580.889       14.585     1998.656       -108.753     6397.786       67.611     13111.673       -1.883     1902.017       12.192     1519.714       51.912     2279.293       -33.198     3479.176       -2.573     4079.733       -10.971     1682.780       111.601     40496.539       70.691     40457.003       23.116     6643.386       -61.887     76248.209       3.960     92098.295	$\begin{array}{c c c c c c c c c c c c c c c c c c c $	$\begin{array}{c c c c c c c c c c c c c c c c c c c $	-93.948     7504.221     .000     1     .990       -69.747     5924.717     .000     1     .991       .000     2     1.000     1     .991       .682     4774.741     .000     1     1.998       .682     4774.741     .000     1     .999       3.825     2162.510     .000     1     .999       13.062     8165.673     .000     1     .999       .014     2.485     .000     1     .999       .014     2.485     .000     1     .992       .014     2.485     .000     1     .992       .014     2.485     .000     1     .992       .001     .991     .000     1     .992       .000     .056     .000     1     .993       .10.910     4920.196     .000     1     .993       .4.540     1580.889     .000     1     .994       .10.875     6397.786     .000     1

<b>^</b>	,	,				
Watching with Whom(5)	11.255	92251.435	.000	1	1.000	77253.661
CD/DVD/VIDEO			.000	2	1.000	
CD/DVD/VIDEO(1)	-213.555	41776.231	.000	1	.996	.000
CD/DVD/VIDEO(1) CD/DVD/VIDEO(2)	-180.200	42063.531	.000		.990	.000
	-180.200	42005.551		1		.000
Internet/ Mobile	25.050	2020 544	.000	1	.986	000
Internet/ Mobile(1)	-35.078	2028.541	.000	1	.986	.000
TV			.000	2	1.000	
TV(1)	221.824	64082.954	.000	1	.997	2.171E+96
TV(2)	224.505	64870.873	.000	1	.997	3.171E+97
Magazine			.000	1	.998	
Magazine(1)	-16.388	6608.856	.000	1	.998	.000
Others			.000	1	.999	
Others(1)	9.463	6884.367	.000	1	.999	12869.515
NA	2.105	0001.307	.000	1	.997	12009.515
NA(1)	-84.264	26628.562	.000	1	.997	.000
Taking Tobacco	-04.204	20028.302	.000	2	1.000	.000
Products				Z		
Taking Tobacco	50.312	25413.919	.000	1	.998	70815464710000000000000.000
Products(1)						
Taking Tobacco	136.590	25618.029	.000	1	.996	2.090E+59
Products(2)						
Frequency of			.001	5	0.998	
Tobacco						
Frequency of	106.646	4269.497	.001	1	.980	2.069E+46
Tobacco(1)	1001010			-	.,	
Frequency of	182.865	6368.670	.001	1	.977	2.613E+79
Tobacco(2)	102.005	0500.070	.001	1	.,,,,	2.0132177
Frequency of	60.266	3769.531	.000	1	.987	1489478261000000000000000000000000000000000000
Tobacco(3)	00.200	5709.551	.000	1	.907	148947820100000000000000000000000000000000000
Frequency of	86.961	3954.993	.000	1	.982	5.844E+37
	80.901	3934.993	.000	1	.982	5.844E+37
Tobacco(4)	72.001	2752.240	000	1	004	12/2211 (0100000200000000000000000000000000
Frequency of	73.981	3753.240	.000	1	.984	134721169100000200000000000000
Tobacco(5)						00.000
Frequency of			.006	6	0.982	
Alcohol						
Frequency of	-266.196	9776.702	.001	1	.978	.000
Alcohol(1)						
Frequency of	-285.385	4156.003	.005	1	.945	.000
Alcohol(2)						
Frequency of	-305.663	6024.837	.003	1	.960	.000
Alcohol(3)						
Frequency of	-277.088	10608.758	.001	1	.979	.000
Alcohol(4)		100001100		-		
Frequency of	-254.520	6818.603	.001	1	.970	.000
Alcohol(5)	-234.320	0010.005	.001	1	.970	.000
Frequency of	242 022	10995.396	000	1	002	000
	-243.823	10995.590	.000	1	.982	.000
Alcohol(6)	25.050	4510.010	000		00.4	000
Drugs- SP Relipen	-35.850	4519.813	.000	1	.994	.000
etc(1)			0.5.5			
Drugs- Brown sugar,	-33.580	3726.303	.000	1	.993	.000
Cocain, heroin(1)						
Breaking up(1)	93.525	57462.226	.000	1	.999	4.144E+40
Stress of study(1)	63.975	5222.892	.000	1	.990	6080589520000000000000000000000000
Friends (1)	8.940	4946.175	.000	1	.999	7632.450
Parents (1)	-80.961	9079.048	.000	1	.993	.000
	00.701	20121010				.000

· •	, <b>.</b> .	,		,		
For Fun(1)	9.835	5067.407	.000	1	.998	18670.734
Friends taking	299	2551.483	.000	1	0.005	.742
Alcohol(1)						
Friends taking	38.747	20035.875	.000	1	.998	67230787240000000.000
Drugs(1)						
Breaking up			.000	2	1.000	
Breaking up(2)	91.847	57423.737	.000	1	.999	7.742E+39
Stress of Study			.000	1	.997	
Stress of Study(1)	-58.610	18565.938	.000	1	.997	.000
Friends taking			.000	1	.986	
Friends taking(1)	-43.278	2496.026	.000	1	.986	.000
Parents separated			.000	1	.999	
Parents separated(1)	-4.236	3621.632	.000	1	.999	.014
For Fun			.000	1	.998	
No Idea			.000	1	.997	
No Idea(1)	-19.769	4620.209	.000	1	.997	.000
Injectable			.000	2	1.000	
Injectable(1)	32.875	44257.530	.000	1	.999	189330218300000.000
Injectable(2)	.678	44532.385	.000	1	1.000	1.970
Puffs			.000	1	.999	
Puffs(1)	3.184	3229.334	.000	1	.999	24.142
Oral			.000	1	.987	
Oral(1)	65.631	3957.029	.000	1	.987	3184173521000000000000000000000000000
						0
Not Known			.000	1	.989	
Not Known(1)	67.061	4675.101	.000	1	.989	1331369531000000000000000000000000000000000000
						00
Constant	213.329	52810.380	.000	1	.997	4.442E+92

a. Variable(s) entered on step 1: Sex, Martial Status, Area, Age in Months, Religion, Standard of Studying, Subject Stream, Type of School/College, Type of School/ College, Education Medium, Working Part Time, Part-Time Earning, Type of Family, Living with Parents, Monthly Income, Party/ Picnic, Drink, Puffing, Drugs, Other intoxication, Sport, Listening Music, Reading Novel, Megazine, Hanging out, Watching Movie, Any other (specify), No Specific Activity, Watch Pornographic Movies/ Video, Watching with Whom, CD/DVD/VIDEO, Internet/ Mobile, TV, Magazine, Others, NA, Taking Tobacco Products, Frequency of Tobacco, Frequency of Alcohol, Drugs- SP Relipen etc, Drugs- Brown sugar, Cocain, heroin, Breaking up, Stress of study, Friends , Parents , For Fun, Others, NA, Friends taking Alcohol, Friends taking Drugs, Breaking up, Stress of Study, Friends taking, Parents separated, For Fun, Others, No Idea, NA, Injectable, Puffs, Oral, Others, Not Known.

## Appendix 1.2

<b>Omnibus Tests of Model Coefficients</b>					
		Chi-square	df	Sig.	
Step 1	Step	2211.901	91	.000	
	Block	2211.901	91	.000	
	Mode	2211.901	91	.000	
	1				

### Appendix 1.3

	Hosmer and Leme	show Te	st
Step	Chi-square	df	Sig.
1	.000	4	1.000

## ppendix 1.4

	Model Summary					
Step	-2 Log	Cox & Snell	Nagelkerke R			
	likelihood	R Square	Square			
1	$.000^{a}$	.743	1.000			
	a. Estimation terminated at iteration number 20 because maximum iterations has been reached. Final solution					
cannot	cannot be found.					

## Appendix 2 – Results and Interpretations for Discriminant Analysis

## Appendix 2.1

	Tests of Equa	ality of Group Me	eans		
	Wilks'	F	df1	df2	Sig.
	Lambda				
Sex	.944	95.800	1	1624	.000
Martial Status	1.000	.429	1	1624	.513
Area	.998	2.735	1	1624	.098
Age in Months	.983	27.949	1	1624	.000
Religion	.999	2.249	1	1624	.134
Standard of Studying	.997	5.404	1	1624	.020
Subject Stream	1.000	.000	1	1624	.991
Type of School/College	.980	33.587	1	1624	.000
Type of School/ College	1.000	.582	1	1624	.445
Education Medium	.991	15.320	1	1624	.000
Working Part Time	.997	5.554	1	1624	.019
Part-Time Earning	.999	.841	1	1624	.359
Type of Family	.999	1.569	1	1624	.211
Living with Parents	.999	1.885	1	1624	.170
Monthly Income	1.000	.075	1	1624	.785
Party/ Picnic	.919	142.780	1	1624	.000
Drink	.841	306.770	1	1624	.000
Puffing	.982	30.352	1	1624	.000
Drugs	.978	36.492	1	1624	.000
Other intoxication	.970	49.862	1	1624	.000
Sport	.981	30.783	1	1624	.000
Listening Music	.999	1.902	1	1624	.168
Reading Novel, Megazine	.995	8.888	1	1624	.003
Hanging out	.982	29.150	1	1624	.000
Watching Movie	.999	1.321	1	1624	.251
Any other (specify)	1.000	.734	1	1624	.392
No Specific Activity	1.000	.125	1	1624	.723
Watch Pornographic	.920	140.970	1	1624	.000
Movies/ Video					
Watching with Whom	.955	75.672	1	1624	.000
CD/DVD/VIDEO	.927	128.486	1	1624	.000
Internet/ Mobile	.926	129.749	1	1624	.000
TV	.921	139.140	1	1624	.000
Magazine	.921	139.913	1	1624	.000
Others	.922	137.020	1	1624	.000
NA	.920	141.798	1	1624	.000
Taking Tobacco Products	.835	320.871	1	1624	.000
Frequency of Tobacco	.867	248.723	1	1624	.000
Frequency of Alcohol	.071	21128.463	1	1624	.000

Drugs- SP Relipen etc	.892	196.206	1	1624	.000
Drugs- Brown sugar,	.971	49.240	1	1624	.000
Cocain, heroin					
Breaking up	.983	27.965	1	1624	.000
Stress of study	.994	10.052	1	1624	.002
Friends	.963	62.697	1	1624	.000
Parents	.998	3.334	1	1624	.068
For Fun	.885	211.358	1	1624	.000
Others	.997	4.997	1	1624	.026
NA	.861	261.309	1	1624	.000
Friends taking Alcohol	.873	236.596	1	1624	.000
Friends taking Drugs	.988	19.518	1	1624	.000
Breaking up	.989	18.498	1	1624	.000
Stress of Study	.988	19.010	1	1624	.000
Friends taking	.989	18.866	1	1624	.000
Parents separated	.988	18.986	1	1624	.000
For Fun	.989	18.369	1	1624	.000
Others	.989	18.865	1	1624	.000
No Idea	.989	18.631	1	1624	.000
NA	.989	18.822	1	1624	.000
Injectable	.989	17.907	1	1624	.000
Puffs	.989	18.478	1	1624	.000
Oral	.989	18.714	1	1624	.000
Others	.988	19.222	1	1624	.000
Not Known	.988	20.080	1	1624	.000

## Appendix 2.2

	Eigenvalues					
Function	Eigenvalue	% of	Cumulative %	Canonical Correlation		
	_	Variance				
1	68.197ª	100.0	100.0	.993		
a. First 1 canon	a. First 1 canonical discriminant functions were used in the analysis.					

inical discriminant functions were used in the analy

## Appendix 2.3

	Wilks' I	Lambda		
Test of Function(s)	Wilks'	Chi-square	df	Sig.
	Lambda	_		_
1	.014	6745.230	64	.000

## Appendix 2.4

Standardized Canonical Discriminant Function Coefficients				
	Functio			
	n			
	1			
Sex	.005			
Martial Status	.006			
Area	023			
Age in Months	050			
Religion	001			
Standard of Studying	.020			
Subject Stream	.011			
Type of School/College	.016			
Type of School/ College	.014			
Education Medium	013			

U	-
	28
Fait-Time Laining .2	36
	00
	07
	06
	33
	15
	37
	14
	86
	15
· · ·	13
	20
	25
	28
	01
	35
	13
Movies/ Video	15
	13
	38
	81
	12
	41
Others -1.4	
	30
	05
	02
	68
<u> </u>	46
0	12
Cocain, heroin	20
	32
2	38
	46
	15
	03
	55
	21
<u> </u>	09
	52
Breaking up8	94 65
Breaking up8 Stress of Study .6	
Breaking up8Stress of Study.6Friends taking.4	
Breaking up8Stress of Study.6Friends taking.4Parents separated-1.2	54
Breaking up8Stress of Study.6Friends taking.4Parents separated-1.2For Fun.0	54 63
Breaking up8Stress of Study.6Friends taking.4Parents separated-1.2For Fun.0Injectable.1	54 63 18
Breaking up8Stress of Study.6Friends taking.4Parents separated-1.2For Fun.0Injectable.1Puffs.3	54 63 18 60
Breaking up8Stress of Study.6Friends taking.4Parents separated-1.2For Fun.0Injectable.1Puffs.3Oral0	254 18 60 23
Breaking up8Stress of Study.6Friends taking.4Parents separated-1.2For Fun.0Injectable.1Puffs.3Oral0Others.3	63 63 60 23 71
Breaking up8Stress of Study.6Friends taking.4Parents separated-1.2For Fun.0Injectable.1Puffs.3Oral0Others.3Predicted probability.0	63 60 23 71 54
Breaking up8Stress of Study.6Friends taking.4Parents separated-1.2For Fun.0Injectable.1Puffs.3Oral0Others.3Predicted probability.0Predicted Value for Q2_9.6	.54   .63   .18   .60   .23   .71   .54   .99
Breaking up8Stress of Study.6Friends taking.4Parents separated-1.2For Fun.0Injectable.1Puffs.3Oral0Others.3Predicted probability.0Predicted Value for Q2_9.6Predicted Pseudo0	63 18 60 23 71 54
Breaking up8Stress of Study.6Friends taking.4Parents separated-1.2For Fun.0Injectable.1Puffs.3Oral0Others.3Predicted probability.0Predicted Value for Q2_9.6Predicted Pseudo0Probability for Q2_9 = 1.0	.54   .63   .18   .60   .23   .71   .54   .99   .23
Breaking up8Stress of Study.6Friends taking.4Parents separated-1.2For Fun.0Injectable.1Puffs.3Oral0Others.3Predicted probability.0Predicted Value for Q2_9.6Predicted Pseudo0Probability for Q2_9 = 1.0Predicted Value for Q2_90	.54   .63   .18   .60   .23   .71   .54   .99

Probability for $Q2_9 = 1$	
Predicted Probability for	147
Q2_9=1	

## Appendix 2.5

Structure Matrix			
Structure Mat	Function		
-	1		
Predicted Value for Q2_9	.904		
<i>.</i>			
Predicted Value <sup>a</sup>	.904		
Predicted Probability for	893		
Q2_9=1 Predicted Probability for	202		
	.893		
Q2_9=2 <sup>a</sup> Predicted Pseudo-	970		
Probability for $Q2_9 = 2^a$	.869		
Probability for $Q_2^{-9} = 2^{n}$ Predicted Pseudo-	970		
	869		
Probability for $Q2_9 = 1$ Predicted Pseudo-	770		
	//0		
Probability for $Q2_9 = 1$ Predicted Pseudo-	.770		
	.770		
Probability for $Q2_9 = 2^a$	754		
Predicted Value for Q2_9	.754		
Predicted probability	.690		
Frequency of Alcohol	.437		
Taking Tobacco Products	.054		
Drink	053		
NA	.049		
Frequency of Tobacco	.047		
Friends taking Alcohol	.046		
For Fun	044		
Drugs- SP Relipen etc	.042		
Party/ Picnic	.036		
NA	.036		
Watch Pornographic	.036		
Movies/ Video			
Magazine	.036		
TV	.035		
Others	.035		
Internet/ Mobile	.034		
CD/DVD/VIDEO	.034		
Sex	.029		
Watching with Whom	.026		
Friends	024		
Other intoxication	021		
Drugs- Brown sugar,	.021		
Cocain, heroin			
Drugs	018		
Not Known <sup>a</sup>	.017		
Type of School/College	.017		
Sport	017		
Puffing	017		
Hanging out	016		
Breaking up	016		
Age in Months	016		

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No Idea <sup>a</sup>	.014			
NA <sup>a</sup>	.013			
Friends taking Drugs	.013			
Others	.013			
Stress of Study	.013			
Parents separated	.013			
Friends taking	.013			
Oral	.013			
Breaking up	.013			
Puffs	.013			
For Fun	.013			
Injectable	.013			
Others <sup>a</sup>	.013			
Education Medium	012			
Stress of study	010			
Reading Novel, Megazine	.009			
Working Part Time	.007			
Standard of Studying	007			
Others	007			
Parents	005			
Area	.005			
Religion .005				
Listening Music004				
Living with Parents	.004			
Type of Family	.004			
Watching Movie	.003			
Part-Time Earning	003			
Any other (specify)	003			
Type of School/ College	002			
Martial Status	.002			
No Specific Activity	001			
Monthly Income	.001			
Subject Stream	.000			
Pooled within-groups correl				
discriminating variables and standardized				
canonical discriminant functions				
Variables ordered by absolute size of				
correlation within function.				
a. This variable not used in the analysis.				

## Appendix 2.6

Functions at Group Centroids					
Alcohol	Function				
1					
Yes		-9.771			
No		6.971			
Unstandardized canonical discriminant					
functions evaluated at group means					

## Appendix 3 – Results and Interpretations for Artificial Neural Network

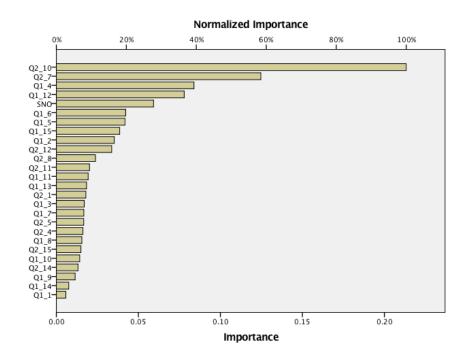
## Appendix 3.1

Case Processing Summary			
		N	Percent
Sample	Training	1361	69.9%
	Testing	585	30.1%
Valid		1946	100.0%
Excluded		1095	
Total		3041	

## Appendix 3.2

Independent Variable Importance			
	Importance	Normalized Importance	
Sex	.006	2.7%	
Martial Status	.035	16.5%	
Area	.017	8.0%	
Religion	.042	19.6%	
Standard of Studying	.042	19.8%	
Subject Stream	.017	7.8%	
Type of School/College	.016	7.3%	
Type of School/ College	.011	5.4%	
Education Medium	.014	6.7%	
Working Part Time	.019	9.1%	
Type of Family	.018	8.6%	
Living with Parents	.008	3.5%	
Age in Months	.084	39.3%	
Part-Time Earning	.078	36.5%	
Monthly Income	.039	18.1%	
SNO	.059	27.8%	
Party/ Picnic	.018	8.4%	
Watch Pornographic Movies/ Video	.016	7.6%	
Watching with Whom	.017	7.8%	
Taking Tobacco Products	.125	58.5%	
Frequency of Tobacco	.024	11.2%	
Frequency of Alcohol	.213	100.0%	
Drugs- SP Relipen etc	.020	9.5%	
Drugs- Brown sugar, Cocain, heroin	.034	15.8%	
Friends taking Alcohol	.013	6.2%	
Friends taking Drugs	.015	7.0%	

#### Appendix 3.3



#### DISCUSSION

Risk factors associated with adolescent alcohol consumption are complex in nature. Despite this complexity using recursive techniques has revealed useful risk factors associated with adolescent alcohol use. This study composed of a dataset of 67 independent variables and by using various statistical modelling techniques it was revealed that 8 of these were significant risk factors associated with adolescent alcohol use. In comparison to traditional univariate and multivariate analytical models which is used in literature, the cutting recursive methods delivered superior modelling results.

#### **Comparison of Classification Rates**

This report applied 6 modelling techniques to a subset of the ARSH data set: Logistic Regression (LR), Discriminant Analysis (DA), Artificial Neural Networks (ANN), Decision Tree (DT), Random Forest (RF) and the Stochastic Gradient Boosting method.

Table-4: Classification Accuracy				
Classification Accuracy				
Model	Model Training			
Logistic Regression	92.5%.	92.5%%		
Discriminant Analysis	92.10%	92.10%		
Artificial Neural Network	99.40%	99.10%		
Decision Tree Analysis	81.62%	81.62%		
Random Forest	98.42%	98.42%		
Stochastic Gradient Boosting	98.55%	98.55%		

Table-4: Classification Accuracy

The above classification accuracy table (Table 4) shows that the ANNs gives highest accuracy with followed by SGB. However ANN has excluded quite a few observations and also depends on random seed. Therefore, accounting for these statistical errors it is concluded that Stochastic Gradient Boosting provided the best predicted accuracy of risk factors contributing to adolescent alcohol consumption. Nevertheless, each of these predictive models contains its own parameters and the classification accuracy depends on these. Each

model is advantageous as each can be optimised with further statistical trials to develop ideal parameters.

#### **Comparison of Significant Independent Variables**

The aim of these models was to accurately derive associated risk factors that contribute to adolescent alcohol use. Accuracy was confounded due to the disparity between the nature of the ARSH dataset designed for adolescent reproductive sexual health, and the research for this paper – adolescent alcohol consumption. Logistic Regression and Discriminant Analysis give statistically significant variables whereas non-parametric methods like ANN, Decision Tree, Random Forest and SGB just give variable importance analysis. From the analysis of these six different models we have identified eight significant variables which are common to at least one or more algorithms. For example Frequency of alcohol was found important by five models followed by frequency of tobacco use etc. These variables were consistent across both parametric and non-parametric methods discussed in the paper. The other variables consistent across different models were illicit drug use, legal medicinal drug use, peers taking drugs for fun etc. as shown in Table 5. It can be concluded that the important independent variables that emerged are consistent with literature.

Table 5. Comparison of Significant Independent Variables						
Independent Variables	LR	DA	ANN	DT	RF	SGB
Frequency of Alcohol		Х	Х	Х	Х	Х
Frequency of Tobacco Use		Х	Х	Х	Х	
Illicit Drug Use		Х		Х	Х	
Legal Medicinal Drug Use		Х		Х	Х	Х
Peers Taking Drugs for Fun		Х		Х	Х	Х
Exposure of Alcohol at Parties		Х			Х	Х
Exposure to Pornographic Material		Х			Х	Х
Friends Consuming Alcohol	Х	Х			Х	

### Table-5: Comparison of Significant Independent Variables

### CONCLUSION AND RECOMMENDATIONS

There has been an emerging need to reduce the prevalence of adolescent alcohol consumption in India. Studies have shown that psychosocial factors, such as those significant independent variables identified in this report contribute to the ongoing issue of adolescent alcohol use. The recursive techniques addressed in this article are becoming useful predictive instruments not only in the context of alcohol misuse; however, for other socio-health problems such as drug abuse, adolescent sex behaviour and burden of disease. Identifying associated risk factors for adolescent alcohol consumption provides information to develop interventional programs and frameworks to potentially change legislative policy surrounding adolescent alcohol consumption.

### ACKNOWLEDGEMENTS

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