

Impact of storage duration on Quality and Proximate Content of Eggs obtained from Hens fed Three Commercial Layers' Feed

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Abstract: This research was done to study the impact of storage duration on the quality and proximate content of eggs that were obtained from laying chickens fed three commercial layers' feed. ISA brown hens numbering 108 which were 34 weeks old were studied for 13 weeks. The hens were shared randomly into three treatments which were labeled as FT1, FT2, and FT3 with four replicates each. Each replicate was used to accommodate nine (9) hens. Three types of commercial layers feed commonly sold in Port Harcourt, Nigeria, were bought from a sales outlet (within the week of their supply to the shop) and offered in each treatment. The labels on the feed bags contained Crude protein, CP 16.2%, Fat/Oil 5.0%, Crude Fibre, CF 6%, metabolizable energy, ME 2500kcal/kg ME, calcium 3.6% and phosphorus 0.45% for FT1, similar feeds with CF 7% and Ca 3.5% constituted FT2 and CP 15%, CF 6.5%, ME 2400kcal/kg ME, calcium 1% and phosphorus 0.40% for FT3. Water was provided *ad libitum* while all routine activities were observed. On completion of the study, 21 eggs with similar weight were randomly collected within 72 hours from each replicate (84 eggs per treatment). Three (3) eggs were evaluated per replicate on the day that they were collected while the rest were analyzed weekly for the external, internal quality and the proximate content at 1, 2, 3, 4, 5 and 6 weeks (day 7, 14, 21, 28, 35 and 42). The result revealed that the storage duration significantly affected the weight of the eggs, shell weight, and the egg shape index. The weight of the egg was significantly greater within the first three week (21 days) for eggs obtained from FT1 and FT2 and up to 5 weeks (35 days) for FT3. The height of the albumen and HU revealed significantly greater values within the first fourteen days of storage which declined as the duration of storage increased. The proximate content of the stored eggs (protein) declined from day 28 in T1 and T2 and from day 35 in T3. It was concluded that the eggs which were collected from T3 which gave better weight during storage and retained better protein content up to day 35 could imply that feed FT3 was the best amongst the commercial layers feed that were studied.

Keywords: Egg quality, Commercial feeds, Hens, Proximate analysis, Storage.

INTRODUCTION

The avian egg serves as a source of reproduction to the bird and a source of food to man, required for good health, and human development [1]. According to [2] egg is a storehouse of nutrients such as lipids, proteins, enzymes and other biologically active materials including growth promoting factors and defense factors against disease invasion.

However, changes in the content of the egg is a serious problem associated with egg. Such changes occur in deteriorative form as some of the nutrients are altered in quantity and quality. Several factors have

been identified to affect or cause changes in egg. Such factors include the strain and the breed of the layers [3] and the dietary composition, the health of the birds, the eggs environment, handling, processing and storage [4-6]. Also, there is usually the interactive effect of these major factors on the content of egg.

Higher temperature is a major factor which causes deterioration in the internal content of egg [7]. Time also causes changes in egg components, thus according to [8] the longer the period after lay, the worse the internal quality of eggs such as lowered weight of the albumen, the height of the albumen and

higher albumen ph. Thus, [9] recommended that eggs meant for the market should be properly labeled as “keep refrigerated” apart from transporting in refrigerated vehicles and storing under refrigerated conditions or at ambient temperature of 7.2 °C (45 °F). However, most Nigerians even in this 20th century cannot meet up with this recommendation due to unsteady power supply in several parts of the country. Thus, eggs are mostly stored at ambient temperature which affects the albumen and yolk quality which are vital signs which show the level of freshness and the market value [10] and the contributors to the formation and maintenance of the aerated structure in bakery products [11]. It is against this backdrop and recognizing that most small poultry and commercial farmers depend solely on commercial layers’ feed that this study was conducted to evaluate the quality and proximate content of stored eggs that were collected from hens fed different commercial layers feed.

MATERIALS AND METHODS

The experiment was performed out at the Poultry Unit of University of Port Harcourt Teaching and Research Farm, Port Harcourt, Nigeria.

The study was conducted using the completely randomized design (CRD). A total of 108 ISA brown hens which were 34 weeks old were used for the 12 weeks’ study. The birds were obtained from the same farm and were randomly shared into three treatments which were marked as FT1, FT2 and FT3 with four replicates each. Thus, nine (9) hens were in each replicate. Three types of commercial layers feed commonly sold in the area were bought from a sales outlet (within the week when they were supplied) and served in each treatment. The labels on the feed bags contained Crude protein, CP 16.2%, Fat/Oil 5.0%, Crude Fibre, CF 6%, metabolizable energy, ME 2500kcal/kg ME, calcium 3.6% and phosphorus 0.45% for FT1, similar feed with CF 7% and Ca 3.5% for FT2 and CP 15%, CF 6.5%, ME 2400kcal/kg ME, calcium 1% and phosphorus 0.40% for FT3. Water was provided *ad libitum* while all routine activities were observed.

Twenty-one (21) eggs with similar weight were randomly collected per replicate within 72

hours (84 eggs per treatment) when the study terminated. Three (3) eggs were analyzed per replicate on the day that they were collected while the rest were analyzed weekly for the external, internal quality and the proximate content at week 1, 2, 3, 4, 5 and 6 (day 7, 14, 21, 28, 35 and 42).

The egg weight, albumen, yolk and shell weights were taken with a sensitive electronic weighing scale. The shell thickness was measured with a gauge (the micrometer screw) while the Vernier caliper was used to obtain the height of the albumen, the albumen diameter, egg length and width. The yolk pigmentation, albumen and yolk pH were obtained while the shape index of the egg ($SI = \text{shell weight} \div \text{egg weight} \times 100\%$), yolk index ($\text{yolk height} \div \text{yolk diameter} \times 100\%$), yolk: albumen ratio and Haugh unit, HU ($100\log H+7.5 - 1.7w^{0.37}$) were calculated.

The weekly proximate assessment of eggs was carried according to the description by [12]. All the data were analyzed statistically using SAS software [13] while the differences between the means that were significant were determined accordingly.

RESULTS

The storage period significantly affected the egg weight, the shell weight and the shape index as contained in Table-1. The stored egg weight was significantly greater within the first three weeks for eggs collected from FT1 and FT2 and up to week 5 for FT3. Significantly higher weight of the shell and shape index were also obtained during the early storage period compared to the eggs stored for more than 21 days.

The influence of storage on the internal content of the eggs is given in Table-2. The duration significantly affected the height of the albumen, yolk weight, yolk height (in FT3) and the Haugh unit (HU). The albumen height, and HU had significantly greater values within the first fourteen days of storage and the values declined as age of the eggs increased whereas, the yolk weight showed a reversed trend. The eggs obtained from FT1 and FT2 deteriorated sharply after day 35 while the eggs obtained from FT3 were good even on day 42.

Table-1: Influence of storage period on the external quality parameters of the stored eggs

Treatments /Duration(Days)	External Qualities of egg					
	Egg weight (g)	Egg width (cm)	Egg length (cm)	Shell weight (g)	Shell thickness (mm)	Shape index (%)
FT1						
7	56.71 ^a	4.09	5.42	5.82 ^a	0.44	75.46 ^a
14	57.11 ^a	4.02	5.34	5.84 ^a	0.46	75.28 ^a
21	56.20 ^a	4.00	5.27	5.61 ^a	0.43	75.90 ^a
28	51.78 ^b	3.96	6.11	5.02 ^b	0.43	64.81 ^b
35	51.12 ^b	3.82	6.08	5.00 ^b	0.42	62.83 ^b
SEM	1.21	0.02	0.04	0.30	0.01	1.41
FT2						
7	58.17 ^a	4.11	5.50	5.87 ^a	0.45	74.72 ^a
14	58.21 ^a	4.12	5.51	5.81 ^a	0.45	74.77 ^a
21	58.04 ^a	4.07	5.88	5.72 ^a	0.44	68.71 ^b
28	57.00 ^b	4.01	5.98	5.11 ^b	0.43	67.06 ^b
35	56.11 ^b	4.00	6.00	5.01 ^b	0.42	66.67 ^b
SEM	0.24	0.15	0.76	0.35	0.02	1.41
FT3						
7	63.20 ^a	4.80	5.94	6.02 ^a	0.47	80.81 ^a
14	65.41 ^a	4.92	5.96	6.42 ^a	0.47	82.55 ^a
21	64.11 ^a	4.78	6.06	6.07 ^a	0.46	78.88 ^a
28	62.50 ^a	4.62	5.97	5.94 ^a	0.45	77.39 ^a
35	60.60 ^a	4.47	5.92	5.02 ^b	0.45	75.51 ^a
42	55.78 ^b	4.10	5.98	4.96 ^b	0.44	68.56 ^b
SEM	4.82	0.92	0.18	0.56	0.01	5.92

^{a,b,c} - Means within the same column with different superscripts differ significantly ($p < 0.05$)

Table-2: Influence of storage period on the internal quality parameters of the stored eggs

Treatments /Duration (Days)	External Qualities of egg							
	Albumen weight (g)	Albumen height (cm)	Yolk weight (g)	Yolk height (mm)	Yolk diameter (cm)	Yolk: Albumen ratio	Haugh unit	
FT1								
7	29.81	3.81 ^a	15.76 ^b	4.04	4.00	0.53	77.01 ^a	
14	30.02	3.86 ^a	17.15 ^a	4.01	4.14	0.57	77.01 ^a	
21	29.64	3.00 ^b	17.02 ^a	3.98	4.25	0.57	70.75 ^b	
28	28.78	2.56 ^b	16.93 ^a	3.61	4.29	0.59	68.30 ^b	
35	27.62	2.01 ^c	17.00 ^a	3.64	4.30	0.62	63.25 ^b	
SEM	0.21	0.51	0.14	0.03	0.06	0.01	1.21	
FT2								
7	30.26	3.91 ^a	15.97 ^b	4.02	4.06	0.53	77.38 ^a	
14	30.27	3.91 ^a	16.96 ^a	4.00	4.08	0.56	77.38 ^a	
21	29.87	3.01 ^b	17.11 ^a	3.96	4.12	0.57	70.33 ^b	
28	28.42	2.36 ^b	16.89 ^a	3.84	4.21	0.59	64.64 ^c	
35	28.01	2.02 ^c	17.02 ^a	3.76	4.32	0.61	61.49 ^c	
SEM	0.82	0.40	0.56	0.51	0.33	0.07	1.47	
FT3								
7	35.01	4.18 ^a	16.92 ^b	4.25 ^a	4.20	0.48	76.86 ^a	
14	35.24	4.20 ^a	16.89 ^b	4.24 ^a	4.24	0.48	77.67 ^a	
21	35.04	3.52 ^b	17.02 ^b	4.20 ^a	4.41	0.49	72.84 ^b	
28	34.60	3.00 ^b	17.21 ^b	3.55 ^b	4.63	0.50	68.84 ^b	
35	33.80	2.42 ^b	18.86 ^a	3.51 ^b	4.67	0.56	63.95 ^c	
42	31.62	2.01 ^c	19.01 ^a	3.41 ^b	4.69	0.60	61.49 ^c	
SEM	1.21	0.40	0.81	0.51	0.50	0.60	0.98	

^{a,b,c} - Means within the same column with different superscripts differ significantly ($p < 0.05$)

Table-3: Influence of storage period on the proximate content of the stored eggs.

Treatments /Duration (Days)	Proximate content of the eggs (%)					
	Moisture	Fat	Protein	Ash	Carbohydrate	Total solid
0	71.17	10.71	13.00 ^a	0.46	26.46	28.87
7	73.17	10.82	13.01 ^a	0.25	24.40	26.80
14	69.33	10.93	13.12 ^a	0.35	28.78	27.43
21	67.14	10.94	12.83 ^a	0.48	30.24	30.61
28	71.70	10.66	11.22 ^b	0.61	25.91	28.23
35	71.42	10.64	11.55 ^b	0.46	26.06	28.34
SEM	6.06	0.50	0.38	0.41	5.87	3.92
FT2						
0	71.02	10.75	12.94 ^a	0.47	27.72	28.41
7	71.41	10.79	12.82 ^a	0.46	26.57	28.07
14	70.21	10.84	12.86 ^a	0.39	27.91	27.65
21	70.18	10.80	12.96 ^a	0.40	28.02	27.92
28	70.12	10.77	11.87 ^b	0.48	27.11	27.16
35	69.56	10.92	11.84 ^b	0.45	26.84	26.95
SEM	1.84	0.21	0.31	0.10	1.57	1.61
FT3						
0	72.15	10.84	13.12 ^a	0.49	26.74	28.77
7	72.01	10.91	12.97 ^a	0.47	26.12	28.44
14	71.62	10.87	12.85 ^a	0.38	27.54	27.92
21	71.41	10.81	13.01 ^a	0.39	28.01	28.04
28	70.47	10.90	12.91 ^a	0.46	27.06	27.05
35	70.25	10.88	12.24 ^b	0.46	27.14	27.17
42	71.16	10.92	11.87 ^b	0.43	27.44	27.66
SEM	2.71	0.14	0.30	0.13	1.90	1.80

^{a,b} - Means within the same column with different superscripts differ significantly ($p < 0.05$)

The result obtained (Table-3) showed that storage affected only the protein content of the eggs. The proximate composition of the stored eggs revealed that the protein content declined from day 28 in T1 and T2 and from day 35 in T3.

DISCUSSION

The weight of the stored eggs which were significantly greater ($P < 0.05$) during the first 21 days of storage at room temperature in FT1 and FT2 and declined from day 28 to 35 confirmed the report by [14] who found similar higher egg weight within the first three weeks of storage at 25 – 30°C. Earlier report of decline in egg weight with increasing storage time had been stated by [15]. The decline in weight from day 28 to 35 in FT1 and FT2 could be related to the onset of deteriorative changes since the eggs could no longer be analyzed on day 42 in these treatments. However, the FT3 eggs which had significantly greater ($P < 0.05$) weight till week 5 and declined in week 6 (day 42) could be traced to the better nutritional content of the feed fed to the hens in that treatment. Recent report by [16] stated that the analyzed value of crude fibre, CF (11.6 and 12.2%) in feed FT1 and FT2 had significantly greater levels compared to FT3 (8.01%) even though the feeds were declared to contain 6, 7 and 6.5% CF respectively. The extended good content

of eggs in FT3 till week 6 (day 42) could be connected to the fairly better nutrient content of the feed. Thus, loss in the egg weight may be related to the content of the feed that is fed to the hens apart from the duration of storage and the environmental temperature. The result obtained in this study covering November to February in Port Harcourt, Nigeria (beginning of dry season) when the lowest temperature was 21 – 22°C and highest temperature was 26.5 – 33°C, was better than that reported by [7] who recorded fast deterioration of eggs after 2 weeks when temperature was about 37°C and [1] who reported that eggs stored for 14 days in Northern Nigeria (Bauchi State) had more weight reduction when compared to eggs stored for a day and 7 days. This confirmed earlier report that that loss in egg weight was positively related to the storage duration and to the environmental temperature [7, 6, 17]. It had been observed that the loss of CO₂ and moisture and the O₂ that moves into the egg usually create air bubble inside the egg in place of the lost moisture (which is closely followed by weight loss) causing the egg to float when it is dropped in water [18]. The shell weight and egg shape index which also reduced as the duration of storage increased was in contrast to the finding of [1] who stated that egg index was not altered by the duration of storage. The egg width, length and shell

thickness which did not change significantly ($P > 0.05$) could be due to the eggs which were collected from the same strain of bird since [19] reported that differences in these parameters could only be found when various strains of hens were used.

The albumen height and HU which followed a downward trend with increasing duration of storage tallied with the report by [20]. The HU values obtained indicated that they were good quality eggs since [21] stated that HU range of 57.95 - 61.86 indicated good quality eggs while HU below 40 were bad quality eggs. Thus, the HU were good up to week 5 (day 35) in FT1 and FT2 and week 6 (day 42) in FT3, confirming the report by [22] who found that eggs had maximum quality when freshly laid by hens but reduced as the time of storage was prolonged. Despite the decreasing HU as the duration of storage prolonged, all the eggs attained the 'AA' and 'A' grades which are regarded as 'high quality' by [23] who classified eggs as 'AA' for those with HU of 72 and above (high quality), 'A' for those with HU of 60 - 70 (also high quality), 'B' for those with HU of 31 - 59 (low quality) and 'C' for those with HU of 30 and less (low quality). The yolk weight which increased significantly ($P < 0.05$) as the duration of storage increased tallied with the report of [14, 24] who found significantly increasing yolk weight as the duration of storage increased. This implied that there was movement of water from the albumen to the yolk due to the variation in osmotic pressure. This made the yolk to gradually acquire a flabby shape (flattened shape) instead of the spherical shape of freshly laid egg, thus, the albumen gets thinner progressively as the storage period increased [25]. The albumen and yolk weight, yolk height, yolk diameter and yolk: albumen ratio which showed no significant differences ($P > 0.05$) could suggest that there was less effect of time, humidity, air movement and temperature on these parameters. Movement of CO₂ and moisture through the egg shell during the period of storage usually cause a decrease in the moisture percentage of the albumen, egg weight and albumen weight [26].

The influence of the duration of storage on the eggs which indicated that the moisture, ash, fat, carbohydrate and total solid percentages were not altered significantly could be ascribed to the season of this study (November to February, when the daily temperature was 26.5⁰ - 30⁰C while the low temperature was 21 - 22⁰C). This did not tally with the finding by [27, 28] who stated that eggs sharply lose physical and nutritional qualities when stored at high ambient temperature compared to those stored in refrigerators. The non-significant difference found in the moisture level of the stored egg across the treatment groups may be connected to the environmental temperature whose influence

could not result to differences despite the decreasing weight of eggs that was observed as the storage duration increased. According to [29], moisture is generally lost through evaporation from egg when stored at a rate that is determined by the temperature of the environment. The non-significant difference found in the fat levels of the stored eggs from this study supported the report of [30] who found that the total lipids, phospholipids, phosphorus and iron were usually very constant in eggs. The values for fat obtained in this study across the treatments (10.64 - 10.94 %) was similar to that reported by [31] who gave values of 10.887 % for local chicken eggs and 11.08 % for exotic chicken when the proximate content of eggs from various poultry species was compared. It was also similar to the report by [32] who gave the values of 9.93 - 11.71 % on wet basis for the proximate percentage of crude fat of the eggs from different shell colour and types.

The protein levels of the stored eggs across all the treatments which reduced as the time of storage increased may be related to some factors such as humidity, time and temperature [33]. A similar finding was reported by [20] who found that the concentration of protein in the three groups of eggs (control, eggs oiled with vegetable oil and eggs oiled with shea butter) stored at room temperature declined significantly with increase in the storage time. But [34] reported increase in crude protein and ash content which were significant, with decreased moisture content for stored eggs from two rearing systems. The ash content of the stored eggs which did not reveal any difference could be likened to the report of [32] who stated that the compositional differences in eggs were only noticed for various egg types that were studied and were not due to the eggs age (12 - 26 days). However, [35] found that the ash and moisture content of the egg white and yolk decreased as the period of storage increased. The level of ash obtained across the treatment groups (0.35 - 0.61 %) was similar to that reported by [36] who stated the value of ash in egg as 0.67 % for *Gallus domesticus* but was lower than 0.91 % reported by [37]. The ash content obtained in this study was also less than 0.85 - 0.91 % for eggs collected from different production systems and 0.86 - 0.89 % for eggs of different shell colour (brown and white) according to [32]. The level of the carbohydrate of the stored eggs which did not differ indicated that there was uniformity in the energy breakdown during the storage of period. The similar total solids during the 35 days period for T1 and T2 and 42 days for T3 was similar to the report by [38] as 23 - 25 % for whole egg and [39] who stated that whole egg solids showed no difference throughout the 10 weeks when eggs were kept in cold storage.

CONCLUSION

The HU which was above 60 across the treatment groups on completion of the duration of storage proved that the eggs were of high quality (AA and A grades) and will attract better prices in the market till day 35 for eggs collected from FT1 and FT2 and day 42 for those obtained from FT3. The better protein values recorded from the eggs till day 21 for T1 and T2 and day 28 for eggs from T3 provides more confidence for both the farmer and the consumer of the worth of the eggs produced/purchased when the three commercial layers feed were fed to hens.

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