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## Sialodochitis Revealing A Large Stone (Giant Sialolith) Of Wharton's Duct

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#### Abstract

The stones generally involved in sialolithiasis pathology are of variable size, generally ranging from one millimeter to less than one centimeter. Large stones, that is, those larger than 1.5 cm in any axis are rare. We report a 2.5 cm x 1.2 c m stone of the submandibular gland duct revealed by intraductal infection in a 33-year-old woman treated with oral tra nsmucosal surgery under local anesthesia.

Keywords: Sialodochitis; Sialolithiasis; submandibular gland; Wharton's Duct.

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## **INTRODUCTION**

The lithiasis pathology of the submandibular gl and is rich, varied and frequent. It is characterized by m echanical and infectious complications including sialod ochitis which is an intraductal infection. The stones gen erally involved in this sialolithiasis pathology are of var iable size, generally ranging from one millimeter to less than one centimeter. Large stones, that is, those larger t han 1.5 cm in any axis are rare [1-2]. The treatment of s ialolithiasis depends on the seat and the size of the stone [3, 4]. We report the management of a large stone of the submandibular gland duct revealed by intraductal infect ion.

## CASE REPORT

It was a 33-year-old woman who consulted for a painful swelling of the right anterior floor of the mout h that had been evolving for 3 days with significant disc omfort in feeding. Interrogation revealed intermittent di scomfort in the right mandibular area without true swell ing or colic. The clinical examination noted a good gene ral condition, an apyrexial, a congestive mucosa coverin g a hard mass, well limited, occupying the right anterior hemi floor (Figure 1a). Above the swelling, the mucosa had a punctiform fistula through which purulent saliva f lowed. The bidigital palpation of the submandibular gla nds was unremarkable. The diagnosis of right submandi bular lithiasic sialodochitis has been made. Under local anesthesia, an incision of 2 cm was made with regard to the stone along the axis of the duct allowing the extracti on of the stone and the flow of a purulent saliva (Figure 1b). The stone was 2.5 cm x 1.2 cm (Figure 1c). The inc ision was left open without suturing.

Fig-1: Tumefaction of the right anterior floor (a) with fistula (red arrow); incision along the axis of the Wharton d uct (b); stone measuring 2.5 cm x 1.2 cm (c).



Case Report

The patient was put under the combination of Spiramycin - Metronidazole 1.5MUI / 250mg at the dos e of 1 tablet morning and evening for 10 days, a mouth wash, diclofenac and paracetamol. The sequences were simple with the presence of a neo ostium on the duct pat h (Figure 2). The ultrasound control of the salivary glan ds was normal.



Fig-2: Local status 6 months after treatment showing a neo-ostium (red arrow) and the Wharton's duct orifice (ye llow arrow)

## **DISCUSSION**

The size of the sialolithiases does not generally exceed 1 cm; the increase in their volume depends main ly on the capacity of the excretory duct to expand. This dilatation capacity allows in certain cases a normal saliv ary flow around the stone which increases in volume th erefore without true symptom as in the present observati on [1, 3, 5]. The stone, generally consisting of calcium phosphate or calcium carbonate in combination with oth er organic salts and molecules such as glycoproteins, ce Il desquamation residues and mucopolysaccharides, incr eases by 1 to 1.5 mm in size [6, 7, 8]. The uniqueness of the stone, the large size ( $\geq 5 \text{ mm of long axis}$ ) and the lo cation at the middle third (behind the crossing with the l ingual and non-intraglandular nerve) favor superinfectio ns such as sialodochitis, pelvic cellulitis and submandib ulitis [8].

Submandibular sialodochitis is clinically diagn osed by the sudden onset of pelvic pain irradiating into t he ear, associated with dysphagia, sialorrhea, lingual im potence, and sometimes moderate hyperthermia. The ex amination found a homolateral inflammatory swelling o f the salivary crest with discharge of pus at the ostium. The evolution in the absence of treatment is towards the pericanalar abscess, the cellulitis of the floor, with appe arance of a trismus and more general signs [9]. Althoug h the bidigital palpation is able to locate the stone, imag ing examinations can help the diagnosis of sialolithiasis : anterior and posterior occlusal radiograph with a strict profile or orthopantomogram, ultrasound, CT, sialendos copy , sialography by magnetic resonance. Ultrasound h as great precision in the localization of sialolithiasis; Sia lendoscopy allows examination of the ductal system for diagnostic and therapeutic purposes and sometimes has a higher accuracy than magnetic resonance sialography, especially for small distal stones [2, 4-6, 8]. Postoperati ve ultrasound in our observation was designed to look f or intragladular stones and signs of chronic sialadenitis.

The therapeutic options for submandibular lithi asis depend on the size and location of the stone. The s mall stones can be extracted by the ductal ostium using bidigital palpation or sialendoscopy; large stones are tre ated with lithotripsy or transmucosal oral surgery or sial endoscopy. Submandibulectomy is indicated in case of f ailure of the less invasive methods available or in case o f functional destruction of the gland [2, 3, 6, 10]. The in cision left open after extraction of the stone in our obser vation aims to allow the salivary flow with a neo-ostiu m and to avoid a risk of post-operative stenosis of the d u t.

## CONCLUSION

Large intraductal submandibular stones are rar e and can be revealed by acute infectious accidents. Sur gical extraction of a large anterior intraductal stone is g enerally possible under local anesthesia and without the need for even partial closure of the incision.

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