

What About Autologous Stem-Cell Transplantation in Primary Central Nervous System Lymphoma?

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Abstract

Case Report

Autologous hematopoietic stem-cell transplantation (ASCT) as consolidation after high-dose methotrexate (HD-MTX)-based induction chemotherapy has emerged as an effective strategy for achieving durable remissions while reducing the need for whole-brain radiotherapy (WBRT) and its associated neurotoxicity risks, according to meta-analyses, randomized trials, and systematic reviews [1,2,13,3]. In younger, eligible patients, randomized studies report comparable efficacy between WBRT and high-dose chemotherapy followed by ASCT, but with superior neurocognitive tolerance after ASCT supporting its preferential use as consolidation in selected patients [2,13].

Keywords: PCNSL, ASCT, HD-MTX, WBRT, consolidation.

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INTRODUCTION

Primary central nervous system lymphoma (PCNSL) is a rare and aggressive form of non-Hodgkin lymphoma initially confined to the central nervous system. Standard induction therapy relies on HD-MTX-based regimens [1,42]. Consolidation is essential for durable disease control, yet WBRT carries a high risk of delayed neurotoxicity, particularly concerning in younger patients [8,18,14]. Alternative strategies to WBRT include non-myeloablative chemotherapy, reduced-dose WBRT (23.4 Gy), and high-dose chemotherapy followed by ASCT. Conditioning regimens incorporating central nervous system-penetrating agents such as thiotepa are favored [1,3,16,18]

CASE REPORT

A 40-year-old man with diffuse large B-cell lymphoma of the CNS received induction with R-MPV (rituximab, methotrexate, procarbazine, vincristine) over five cycles, followed by consolidation with ASCT conditioned with thiotepa and busulfan. He achieved complete remission with full regression of frontal syndrome [40,9,16].

This sequence R-MPV induction followed by thiotepa-based conditioning and ASCT is well documented in the literature as feasible and frequently

employed in eligible, responsive, younger patients [40,9,3].

Induction Therapy

HD-MTX-based induction regimens, including R-MPV or MATRix, achieve high response rates (overall response rate ~80–90%), enabling the tumor reduction required before consolidation [10,13,40]. The choice of induction protocol affects ASCT eligibility, as response to induction (complete or partial) is commonly required for transplantation [10,40].

Consolidation:

ASCT Versus WBRT

Two phase II randomized trials comparing WBRT with high-dose chemotherapy followed by ASCT demonstrated similar efficacy for disease control but better cognitive outcomes after ASCT [2,13]. Reviews and meta-analyses conclude that high-dose chemotherapy/ASCT is a credible alternative to WBRT, limiting neurotoxicity while ensuring satisfactory survival [1,3,8,42]. National cohort analyses show decreasing WBRT use and increasing ASCT as consolidation over recent decades, although no universal consensus exists, reflecting patient selection (age, performance status) [5,7].

Conditioning Regimens and Toxicity

Thiotepa-containing regimens (e.g., thiotepa/carmustine or thiotepa/busulfan/cyclophosphamide) are

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preferred for their superior CNS penetration, with series reporting good disease-control outcomes [16,34,19,20]. Registry and retrospective studies evaluating conditioning protocols show variations in non-relapse mortality and toxicity profiles, sometimes reporting excess non-relapse mortality for certain regimens in older or frail patients [33,34]. Patient-reported outcome studies indicate that quality of life and neurocognitive recovery after ASCT require ongoing follow-up, with incomplete recovery in some older or fragile patients [15,14].

Efficacy and Survival

Phase II trials and retrospective studies report favorable overall and progression-free survival rates after HD-MTX induction followed by ASCT, with medium-term (2–5 years) outcomes often superior when thiotepa-based conditioning is used [40,19,16,45]. Comparative analyses between reduced-dose WBRT (23.4 Gy) and ASCT show similar survival curves but a more favorable cognitive profile for ASCT consolidation in eligible patients [18,13].

Patient Selection and Clinical Practice

Patient selection for ASCT primarily depends on age, performance status, induction response, and absence of major comorbidities. Registries indicate a preference for patients under 70 years in good general condition [13,3,9]. For young, eligible patients, HD-MTX-based induction (e.g., R-MPV) followed by high-dose chemotherapy and ASCT with thiotepa-containing conditioning maximizes disease control while reducing WBRT use [10,40,16]. Reduced-dose WBRT (23.4 Gy) remains an alternative when ASCT is not feasible but must be weighed against residual neurotoxicity risks [18,8].

Limitations and Contradictions

The evidence base is limited by the absence of large phase III randomized trials. Most comparisons derive from phase II studies, small meta-analyses, and observational cohorts, which are prone to selection bias (younger, fitter patients favored for ASCT) [1,2,13,5]. While overall tumor control appears comparable between WBRT and ASCT, toxicity profiles differ neurocognitive decline with WBRT versus systemic toxicities and variable non-relapse mortality with certain conditioning regimens making individualized decision-making essential [2,13,16,14]. Variability in conditioning protocols and thiotepa dosing across centers further complicates standardization [34,33,16].

CONCLUSION

For younger, fit patients with primary CNS lymphoma, consolidation with high-dose chemotherapy followed by ASCT particularly with thiotepa-based conditioning offers an effective alternative to WBRT while reducing the risk of long-term neurocognitive complications [1,2,13,16]. Treatment decisions should

be individualized, considering age, performance status, induction response, and conditioning risks, while informing patients about the balance between disease control and long-term toxicities [3,5,15].

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