

Challenging Breast Reconstruction after Excision of Giant Phyllodes Tumor with the Largest Ever Reported Soft Tissue Defect

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Abstract

Case Report

Giant phyllodes tumors (PT) are those measuring more than ten centimeters. To date, there are eight cases of giant PT treated with mastectomy and breast reconstruction (BR) reported in the English literature. Almost all reports focused on the tumor size rather than the chest wall tissue defect size after tumor extirpation. While mastectomy is almost inevitable in all giant PT's, none of the previously reported cases discussed on the impact of PT to the patient's psychology and quality of life (QOL). We report a challenging giant PT case with the largest chest wall defect ever reported so far, treated with mastectomy and BR, with good cosmetic and psychological outcomes.

Keywords: Giant phyllodes, TRAM flap, vascular delay, quality of life, SF-36.

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INTRODUCTION

Phyllodes tumor (PT) is a rare fibroepithelial neoplasm arising from periductal stroma of the breast and those measuring more than ten centimeters are called giant PT [1]. While surgical resection is the mainstay of PT treatment, surgeons often face challenges in soft tissue coverage after tumor extirpation.

CASE REPORT

A 51 year-old lady presented with a gradually increasing right breast swelling for five years. On examination, there was a huge mass occupying the whole right breast measuring 40x40cm (Figure-1a). Per abdomen, 20 weeks size uterus was palpable. She was obese with a body mass index (BMI) of 35kg/m².

Histopathological examination (HPE) of the lesion was suggestive of phyllodes tumor. Computed tomography scan of thorax, abdomen and pelvis revealed a large right breast mass with local mass effect without distant metastasis, and uterine fibromata.

Taking into account the potential huge chest wall defect after tumor excision, the need for larger flap skin paddle, large uterus risking the donor site closure to be under tension, and obesity, the operation performed was right mastectomy with immediate breast reconstruction (BR) using delayed bipedicled

Transverse Rectus Abdominis myocutaneous (TRAM) flap, total abdominal hysterectomy bilateral salphingo-oophorectomy (TAHBSO), prophylactic appendectomy and polypropylene mesh implant.

Intra-operatively, the right breast tumor was 53x37x17cm (Figure-1b), the final defect was 35x26cm (Figure-2a) and the skin paddle was 20x12cm (Figure-2b) in size.

Ex-vivo tumor size was 30x24.5x15.5cm weighing 6.7kg. HPE confirmed the tumor as benign phyllodes. Post-operatively the flap survived 100% but wound dehiscence developed at the flap donor site requiring debridement, negative pressure wound therapy and delayed primary closure. 12 months follow-up showed no ventral hernia or recurrence, with good breast mound whereby patient can wear her original undergarment comfortably (Figure-3).

Medical Outcome 36-item Short Form (SF-36) assessment showed great improvement in all domains post-operatively as compared to pre-operation. Pre-operative SF-36 assessment showed low score (less than 30 %) in all eight domains, with zero percent in role limitation due to physical problems, role limitation due to emotional problems and social functioning. 12 months post-operatively, SF-36 assessment showed a score of 96% for emotional well-being domain, 90% for bodily pain domain, while the other six domains scored 100%.

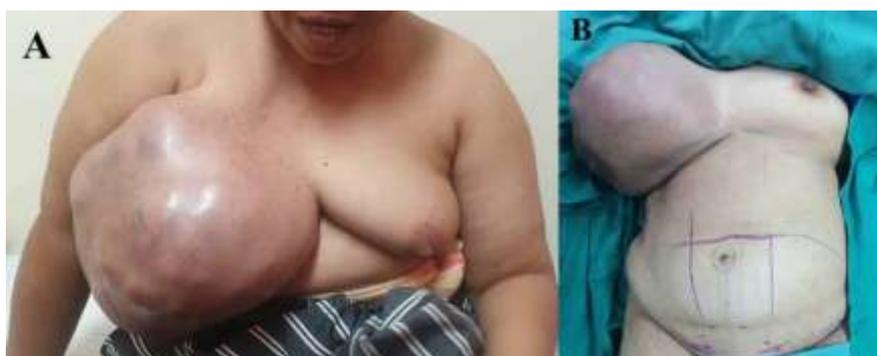


Fig-1: A&B: Pre-operative images

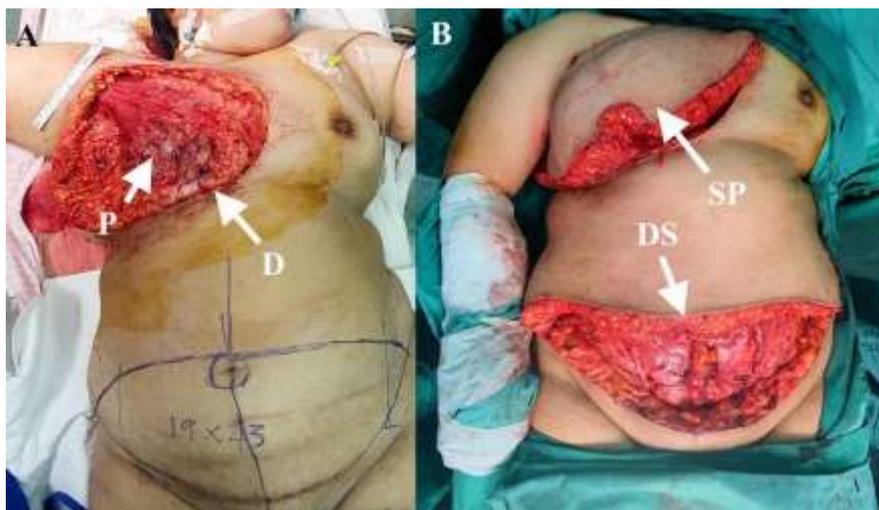


Fig-2: A: Intra-operative image showing; D-soft tissue defect, P-Pectoralis Major muscle. B: Intra-operative image showing; DS-donor site, SP-skin paddle



Fig-3: A: Post-operative outcome at 2 months. B: 6 months; patient on her undergarment (original pre-operative size)

Table-1: Summary of eight reported cases of giant PT treated with BR in English literature.

Authors	Tumor maximum diameter (cm)	Defect size (cm)	Flap Type
Islam S <i>et al.</i> , [9]	50	-	Latissimus Dorsi (LD)
C. Walravens <i>et al.</i> , [1]	38	-	Pedicled TRAM
Sarvanandan <i>et al.</i> , [10]	28	-	LD
Pitsinis <i>et al.</i> , [11]	20	-	DIEP
Tsuruta <i>et al.</i> , [3]	19.9	22×24	DIEP
Tu <i>et al.</i> , [4]	16	18×15	DIEP
Moon <i>et al.</i> , [12]	15.5	-	Thoracoabdominal
Pitsinis <i>et al.</i> , [11]	14	-	LD

DISCUSSION

Primary closure after mastectomy for a giant PT is still possible regardless of size [2]. The largest PT reported, with maximum diameter of 60cm was managed by mastectomy and primary closure [2]. This proves that the tumor size is not the only factor imposing technical challenges to the surgeons and decision for BR.

To date, there are eight cases of giant PT treated with mastectomy and BR reported in the English literature (Table-1). While almost all reports focused on the tumor size, only two reports documented the soft tissue defect size after tumor extirpation [3, 4]. This is in fact an important aspect which determines the feasibility of primary closure.

Our case had a soft tissue defect of 35x26cm, the largest ever reported so far. The tumor base incorporated a wide area of chest wall making primary closure impossible, hence tissue coverage is mandatory. TAHBSO was necessary to allow abdominal wall closure with less tension. Two weeks prior to TRAM flap BR, the patient underwent bilateral Deep Inferior Epigastric Artery (DIEP) ligation as vascular delay procedure to reduce ischemia-related complications of flap.

Breast is an important organ to women for which loss of whole or part of it is traumatizing. Psychosocial morbidity (anxiety, depression, body image, sexuality and self-esteem) are significantly lower in mastectomy with BR compared to mastectomy only [5], as shown in our case.

For those reasons, excision with BR, although more demanding in many aspects (technical difficulty of the surgery, complications, tedious monitoring), is advocated by many authors for optimal cosmetic and psychological outcome, contributing to better QOL after surgery.

There are various types of flap for autologous BR. Evaluation and selection of patients for the suitable type of flap is important [6]. Abdomen is the major source of flap for BR due to tissue availability and skin color. The two BR workhorse flaps are LD and TRAM. Both techniques have satisfactory result and there were no significant differences in the morbidity [7]. Hence, the selection of flap technique should be based on evaluation of anatomy, breast volume requirements and donor site considerations [6].

TRAM flap BR is a reliable technique, but ischemia-related complications were reported to occur in 5-28% of cases. The rate of complications such as fat necrosis and partial flap loss are higher in patients with risk factors including obesity, cigarette smoking, radiation and abdominal scars [8].

For this reason, vascular delay procedure is advocated to reduce ischemia-related complications of TRAM flap BR. It is done by ligating the DIEA two weeks before the TRAM flap BR. This will cause flow augmentation of reduced-caliber choke vessels, reversal of flow across regurgitant valves and formation of collateral flow, which will improve flap reliability and increase nutrient blood flow [8]. Our patient has one risk factor (obesity), hence we opted vascular delay procedure. The flap survived 100% with good cosmetic and psychological outcomes.

CONCLUSION

Managing a giant PT is challenging. Methods of surgical treatment should be based on the tissue defect rather than tumor size alone. BR contributes to better quality of life. Hence surgeons should discuss BR options with patients not only in case where the defect is impossible to close.

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Consent: Written informed consent was obtained from the patient for publication of this case report and accompanying images.

Conflict of Interest & Financial Disclosure: There is no conflict of interest or any financial support involved in this case report.

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